

# THE BCM EDGE

01st May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

**THOSE WHO SERVE US EVERY DAY DESERVE  
OUR RESPECT EVERY DAY —BECAUSE A HAPPY  
SOCIETY BEGINS WITH GRATEFUL HEARTS.**



BCM School marked Labour Day with heartfelt gratitude for its support staff through meaningful activities across all wings. While the Kindergarten celebrated with role plays and creative expressions, students from Grades II to VIII extended their appreciation by presenting thank-you cards and expressing sincere words of gratitude to their didis, bhaiyas, and aunties. The day served as a beautiful reminder of respect, dignity of labour, and the importance of valuing those who support us every day.



**“मेहनत करने वाले हाथों को सलाम,  
इन्हीं से बनता है हर देश महान।”**



# THE BCM EDGE

01st May' 26

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Friday**

## CHASING THE SUNSHINE: HIGH ASPIRATIONS

*“Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow them.”*

— *Louisa May Alcott*



Aspirations are the dreams and goals that inspire us to move forward in life. High aspirations mean aiming high and believing in ourselves. They give direction to our lives and motivate us to work hard for success.

We often set small goals for the day or the week, such as finishing our homework or helping with household chores. It feels good to achieve these tasks, but they do not define our future. Our long-term goals should reflect our highest aspirations. We can reach them only if we work hard and give our best.

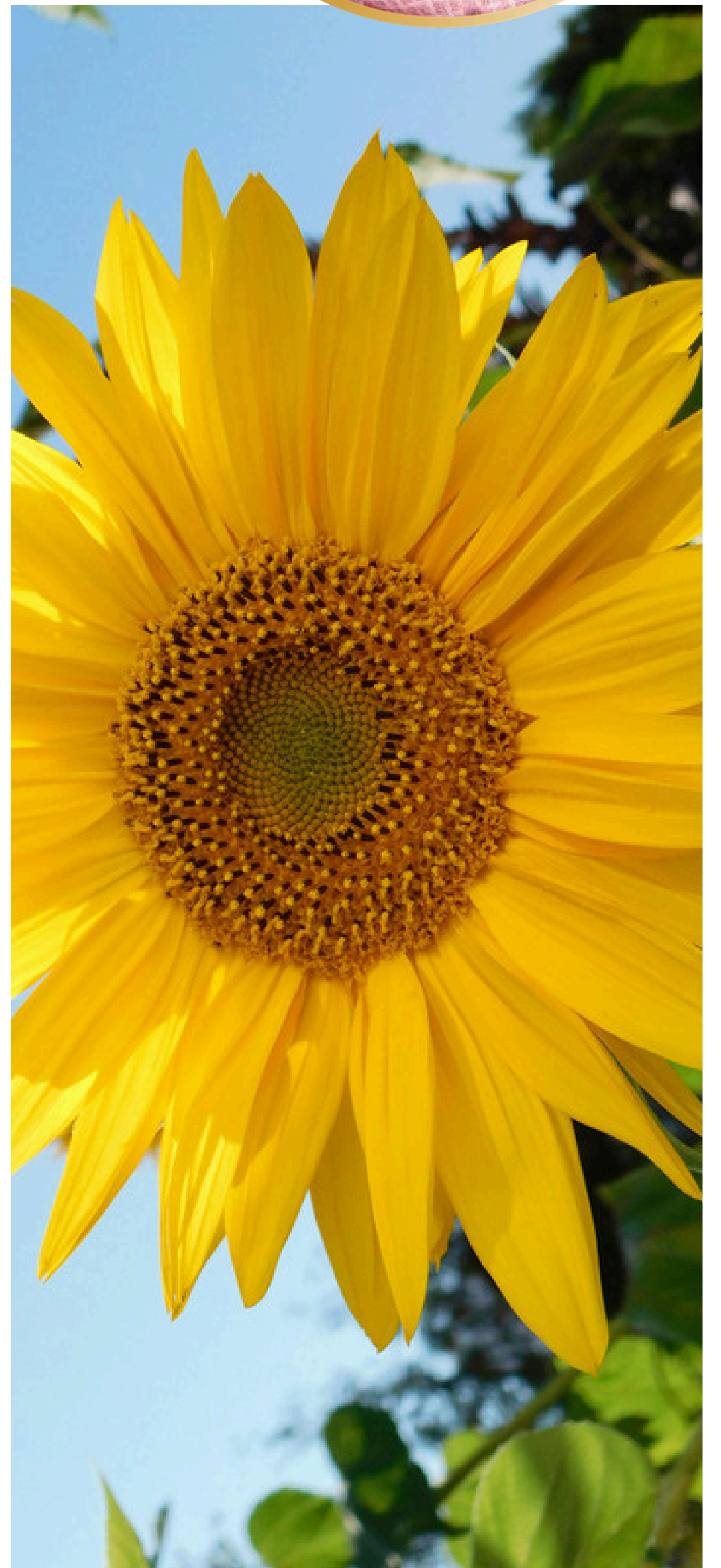
Students should always have high aspirations. They should dream of becoming doctors, teachers, scientists, or leaders who can serve society. However, dreams alone are not enough. Success comes through discipline, honesty, and continuous effort. Failures should not discourage us but make us stronger.

It is a good habit to write down our goals and read them daily. This reminds us of what we wish to achieve.

In conclusion, high aspirations are the key to a bright future. So, always dream big, work hard, and believe in yourself.

*Ms. Madhavi*

*PRT*



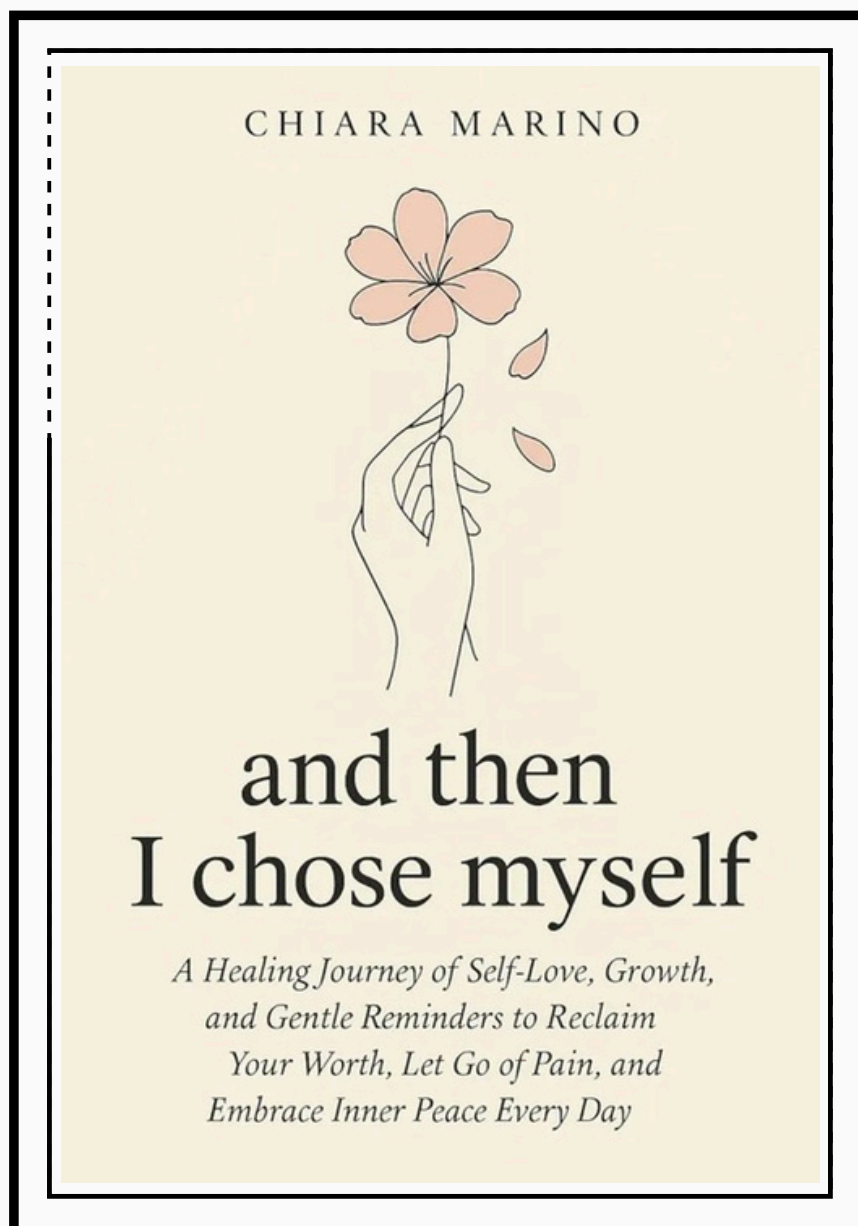
# THE BCM EDGE

01st May' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## BOOK RECOMMENDATION : AND THEN I CHOSE MYSELF



And Then I Chose Myself by Chiara Mercurio isn't meant to be rushed. It's a gentle collection of short reminders you return to when you feel lost, exhausted, or not enough. Through simple, honest reflections, it encourages self-worth, boundaries, and healing at your own pace. It teaches that choosing yourself is survival, not selfishness, and that grief, growth, and strength can coexist. This book won't fix your life—but it will sit beside you while you do. Sometimes, that quiet companionship is exactly what you need most.

## THOUGHT OF THE DAY

You will doubt  
yourself many times,  
but keep going; confidence  
is built through action, not  
waiting until you feel  
ready or perfect.



## WORD

### Glossophobia

(noun)

glos-uh-FOH-bee-uh

An intense fear of public speaking.



**Glossophobia** affects many students during presentations, causing anxiety and nervousness.

# THE BCM EDGE

02nd May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

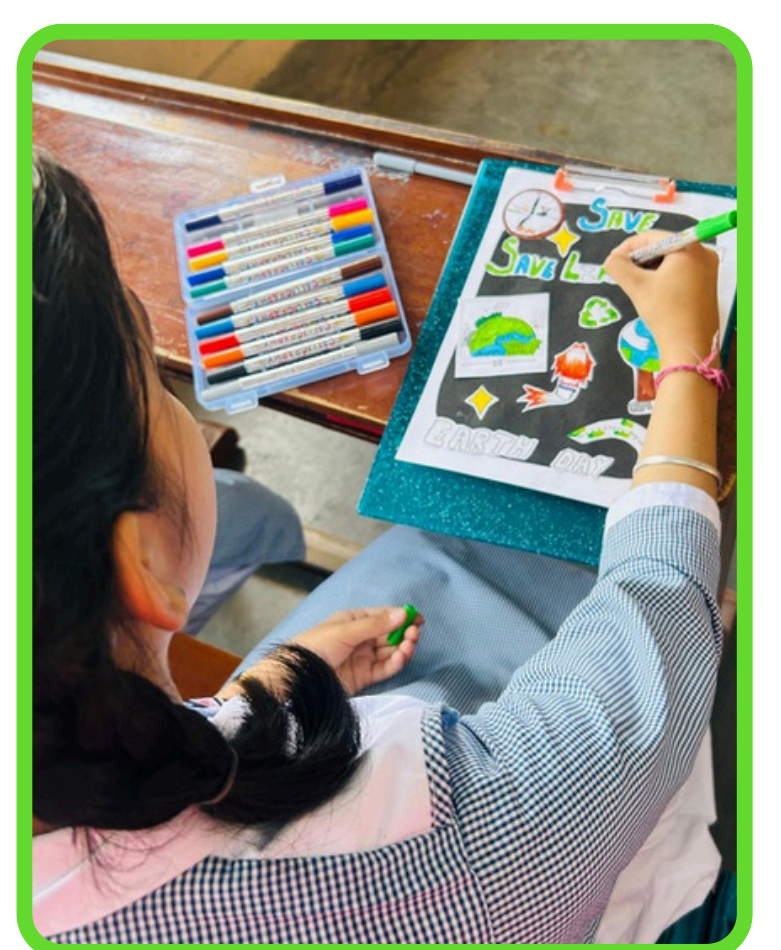
## CREATIVITY FOR A CAUSE: ECO CLUB INSPIRES SUSTAINABLE THINKING

On 30 April 2026, students actively participated in meaningful Eco Club activities that combined creativity, awareness, and practical learning.

Class VIII conducted a Poster Making Activity on the theme “Save Environment”. With great enthusiasm, students designed impactful posters highlighting issues like deforestation, pollution, plastic waste, and global warming. Powerful slogans such as “Plant a Tree, Plant a Life” and “There is No Planet B” were creatively presented using vibrant colours and meaningful symbols. The activity encouraged students to reflect on their responsibility towards protecting the environment and adopting eco-friendly habits.

Simultaneously, Class V engaged in an innovative activity titled “Functional Instruments from Recyclable Waste”. Students created working musical instruments using materials like plastic bottles, cans, and rubber bands. The activity concluded with a delightful mini orchestra, turning waste into wonderful music.

Both activities successfully blended learning with creativity, inspiring students to contribute towards a greener future.



# THE BCM EDGE

02nd May 26

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Saturday**

## **BELIEVE IN YOURSELF AND YOUR LIMITLESS POTENTIAL**

Dear Students,

I want to begin by reminding you of something very important—believing in yourself is the very first step toward success. Every great achiever you admire today once stood exactly where you are now—unsure, curious, and filled with hidden potential. What made the difference was their belief in themselves.

Each one of you is unique. You have your own talents, strengths, and abilities that make you special. Never fall into the trap of comparing yourself with others. Your journey is your own, and your growth matters more than any comparison. Focus on becoming a better version of yourself each day.

Remember, learning is not about being perfect—it is about progressing. Mistakes are not failures; they are stepping stones that guide you toward success. Every time you try, every time you fail, and every time you rise again—you grow stronger and wiser.

Stay curious. Ask questions. Explore new ideas. Challenge yourself to step out of your comfort zone, because that is where real growth begins. Believe that you are capable of achieving amazing things, even when doubts try to hold you back.

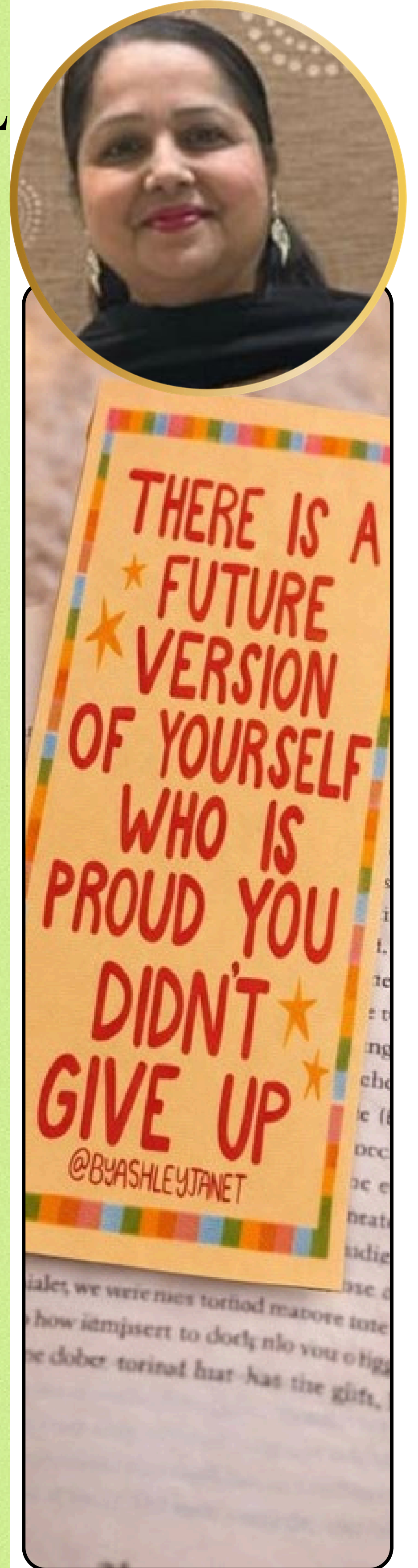
So keep going. Stay motivated. Trust your journey. And most importantly, always remember this—you are enough, just as you are.

Your future is bright, full of endless possibilities, and it is waiting for you to take charge.

Go out there, believe in yourself, and achieve everything you dream of. ★

*Ms. Amarpreet*

*Mother Teacher*



# THE BCM EDGE

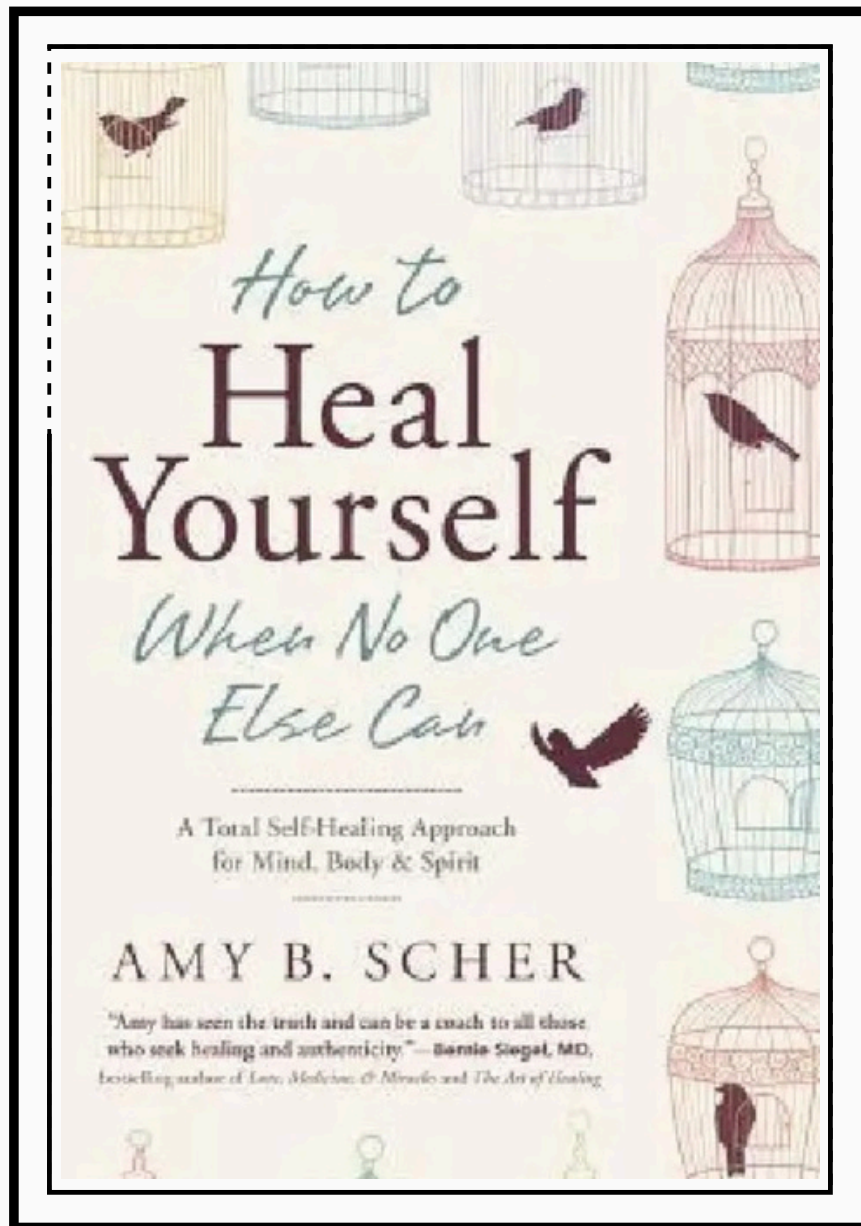
02nd May' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

## BOOK RECOMMENDATION :

### HOW TO HEAL YOURSELF WHEN NO ONE ELSE CAN



How to Heal Yourself When No One Else Can argues that healing comes from within, not external fixes. Amy B. Scher blends personal experience with holistic techniques, focusing on releasing trapped emotions, listening to the body, and addressing subconscious patterns. She introduces concepts like the “Heart Wall” and practices such as tapping (EFT) to process pain. The core message is that unresolved emotions drive suffering, and true healing requires feeling and releasing them. While some ideas may seem unconventional, the approach is practical and empowering: stop waiting for others to heal you and take responsibility for your own emotional and physical well-being.

## THOUGHT OF THE DAY

Your future depends on what you do today, not tomorrow; the habits you build now are quietly shaping the life you will live later.

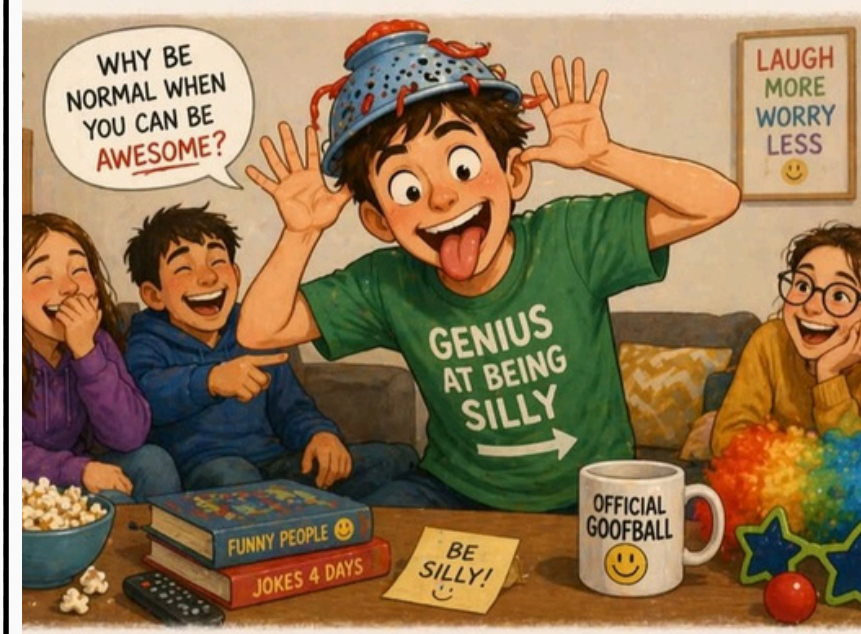


## WORD

### Goofball

**Meaning:** A silly or playful person who acts in a funny or goofy way.

**Example:** My brother is such a goofball— he can always make everyone laugh!



# THE BCM EDGE

04th May 26

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

Monday

## PUKHRAJ HOUSE WINS THE INTER-HOUSE CRICKET TOURNAMENT



"The strength of the team is each individual member. The strength of each member is the team." This philosophy was on full display as BCM School, Dugri hosted its much-anticipated Inter-House Cricket Match for students of classes IX-XII on May 02, 2026. The event was formally inaugurated by Ms. Gurpreet Kaur, the Dean Administration, whose presence motivated the young athletes to compete with integrity and discipline.

The tournament kicked off with intense league matches featuring Pukhraj vs. Shalimar and Gulmohar vs. Kohinoor, where players from all four Houses exhibited true sportsmanship and exemplary teamwork. The momentum shifted to the final matches, which saw a thrilling face-off between Gulmohar and Shalimar while the championship was decided in a tough competition between Pukhraj and Kohinoor. Pukhraj House ultimately clinched the winner's trophy by 5 wickets, successfully chasing their target by scoring 114 runs in 7.2 overs. The standout performer of the day was Ankush of Pukhraj House, who earned the 'Man of the Match' title for his impressive all-round contribution of 34 runs and 2 wickets.

The Principal, Dr. Vandna Shahi, concluded the event with words of appreciation for the participants applauding their athletic prowess and their ability to uphold the values of fair play. The tournament ended on a high note, leaving the students with a renewed passion for the game.

# THE BCM EDGE

04th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

## NO BAGS, JUST BRILLIANCE: A DAY OF SKILL-BASED LEARNING

The school successfully organized a No Bag Day for Class VI on the theme “Smart Minds in Action.” The initiative focused on experiential learning through engaging and hands-on activities.

The day began with energetic Smart Kickstart sessions, followed by a Life Skills session where students learned etiquettes, good manners, and effective social behavior. Aligned with the vision of Kaushal Bodh (Skill-Based Learning) by NCERT, students participated in activities like the Smart Snack Challenge, promoting healthy eating and teamwork, and the Smart Machines Challenge, where they showcased working models of simple machines.



The highlight of the day was the Smart Showcase, where students confidently presented their work, followed by Smart Reflections to share their learning experiences. The Dean Administration, Ms. Gurpreet Kaur, visited the classrooms and appreciated the students' enthusiasm and creativity.



# THE BCM EDGE

04th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

## GIGGLES GALORE: KINDERGARTEN CELEBRATES WORLD LAUGHTER DAY IN STYLE



Our Kindergarten celebrated World Laughter Day with great enthusiasm and cheerful participation of the tiny tots. The day was dedicated to spreading happiness and reinforcing the idea that laughter is truly the best medicine for a healthy and happy life.

To mark the occasion, students came dressed as their favourite comic characters such as Doraemon, Motu Patlu, Mickey Mouse, and Charlie Chaplin. The vibrant costumes added colour and excitement to the celebration. Each child confidently introduced themselves as their chosen character and spoke a few simple sentences, filling the environment with laughter and delight.

The activity not only brought smiles to everyone's faces but also helped in enhancing children's confidence, communication skills and creativity. It encouraged them to express themselves freely while understanding the importance of staying cheerful and spreading positivity.

Principal Dr. Vandna Shahi appreciated the efforts of students and remarked, "Laughter is a powerful tool that nurtures emotional well-being and builds a positive outlook in children. Such joyful activities play a vital role in creating a happy learning environment."

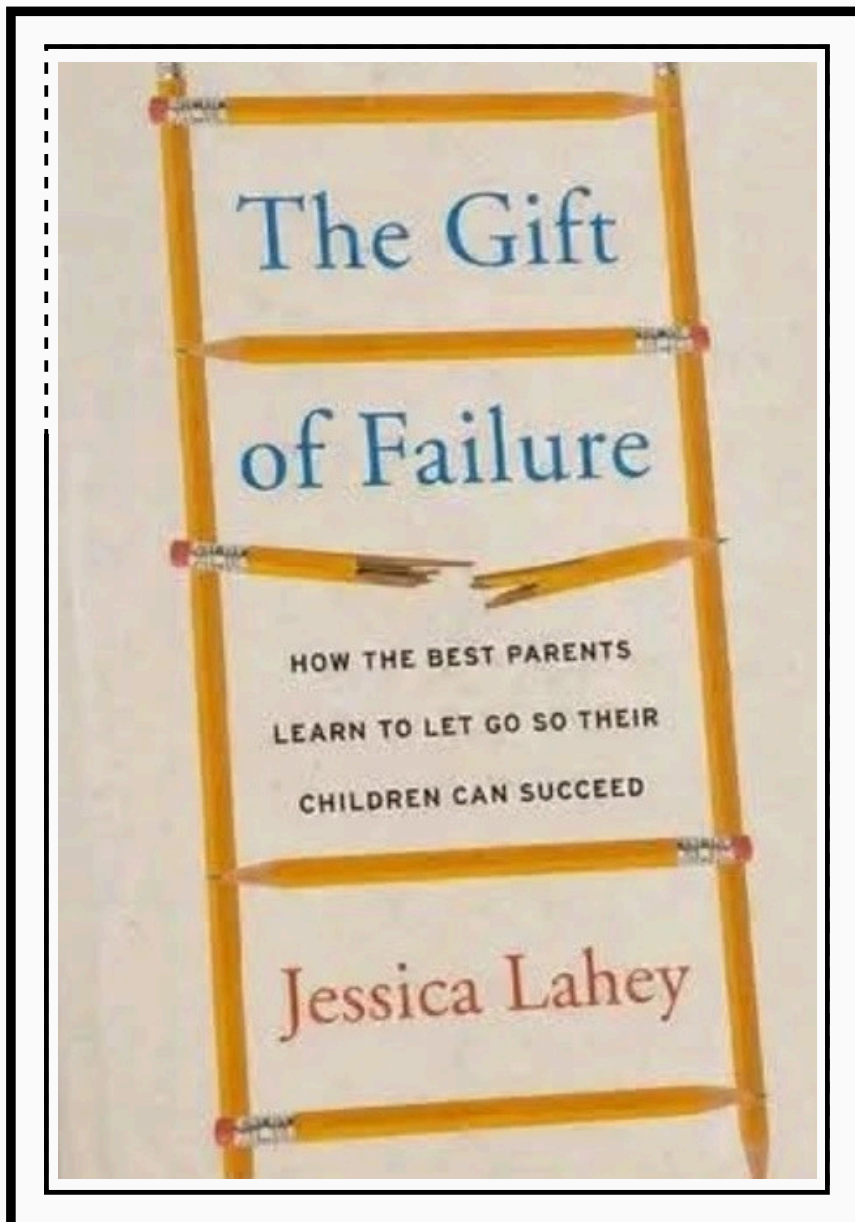
# THE BCM EDGE

04th May' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

## BOOK RECOMMENDATION : THE GIFT OF FAILURE



I once stayed up at midnight finishing my child's history project while he slept. He got an A; I got exhaustion—and a habit of doing too much. Reading *The Gift of Failure* by Jessica Lahey changed that. The book gently reminds parents that stepping in too often robs children of resilience and real confidence. Instead of rescuing them, we should let them face small failures and learn from them. It's not easy, but it works. When I finally stepped back, my child began taking responsibility on his own. This book is a reassuring nudge to trust your child—and yourself—more.

### THOUGHT OF THE DAY

Success is not loud; it is built in silent mornings, late nights, and the unseen effort you put in when others choose comfort over growth.



### WORD

#### Dwindle

**Meaning:** To gradually become smaller in amount, size, or strength.

**Example:** His savings began to **dwindle** after he lost his job and had to pay for unexpected expenses.



# THE BCM EDGE

05th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

Language and Literature Club

## REBUS CHALLENGE SPARKS ENTHUSIASM



The school organized an engaging “Crack the Rebus” activity under the Language & Literature Club, with active participation from students of Classes IX to XII.

The activity aimed to enhance critical thinking and language skills through decoding visual puzzles. Student volunteers efficiently managed the event, showcasing strong leadership and coordination.

Participants enthusiastically solved rebus puzzles, demonstrating analytical skills and teamwork. The activity provided a fun and enriching learning experience beyond the classroom.



## TRACING THE PATH TO LEARNING: A JOYFUL SENSORY EXPERIENCE



BCM Kindergarten conducted a delightful activity- "Finger Fun Tracing" to make early learning both joyful and meaningful for young learners. The activity focused on sensory-based learning, where children used their fingers to trace and write alphabets on sand and Rangoli colors. Teachers displayed flashcards of different letters and students were encouraged to recognize each letter along with its sound. The children then traced the letters using their fingers on the textured surfaces, making the experience interactive and enjoyable. The activity not only sparked excitement but also helped children connect learning with play.

# THE BCM EDGE

05th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

## सपनों की उड़ान

निधि अरोड़ा | टीजीटी हिंदी



“सपने वो नहीं जो हम सोते समय देखते हैं, सपने वो हैं जो हमें सोने नहीं देते।”

हर व्यक्ति के जीवन में सपने एक नई दिशा और ऊर्जा का संचार करते हैं। सपने हमें आगे बढ़ने की प्रेरणा देते हैं और कठिनाइयों से लड़ने की ताकत भी प्रदान करते हैं। जो लोग अपने सपनों को सच करने का साहस रखते हैं, वही जीवन में असली सफलता प्राप्त करते हैं। रास्ते में आने वाली बाधाएँ हमें रोकने के लिए नहीं, बल्कि हमें और मजबूत बनाने के लिए होती हैं। यदि हम निरंतर प्रयास करते रहें और अपने लक्ष्य पर विश्वास बनाए रखें, तो कोई भी मंजिल दूर नहीं होती।

“उठो, जागो और तब तक मत रुको जब तक लक्ष्य की प्राप्ति न हो जाए।”

इसलिए हमें बड़े सपने देखने चाहिए और उन्हें पूरा करने के लिए पूरे मन से प्रयास करना चाहिए, क्योंकि मेहनत और विश्वास से हर सपना साकार हो सकता है।



# THE BCM EDGE

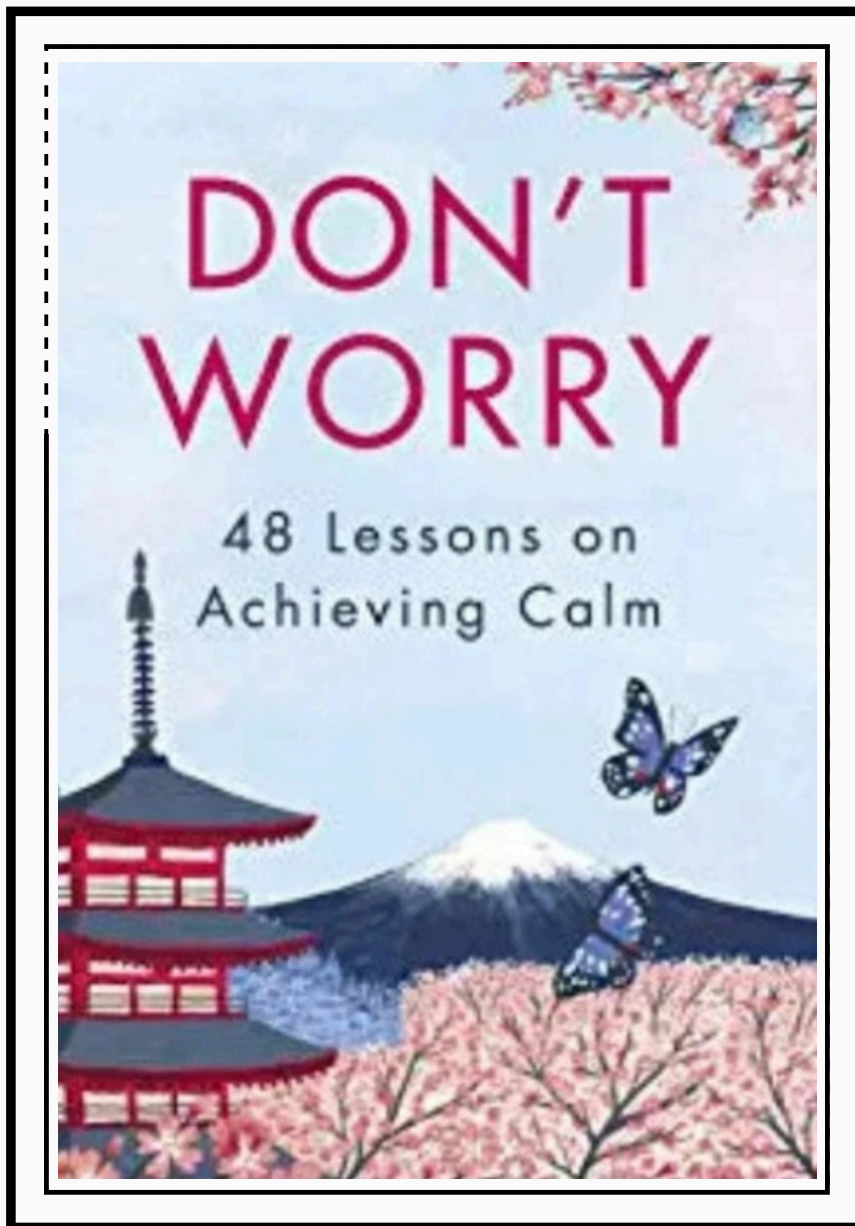
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Tuesday

## BOOK RECOMMENDATION :

# DON'T WORRY



Don't Worry by Shunmyo Masuno teaches that worry is a natural human emotion rooted in fear and the desire for control. By practicing mindfulness and staying present, we can reduce anxiety and avoid overthinking. The book emphasizes accepting life's impermanence and letting go of what we cannot control. It encourages finding joy in simple moments, connecting with nature, and practicing meditation for inner peace. Masuno also highlights the importance of kindness, self-compassion, and supportive relationships. Taking small, constructive actions helps manage worry effectively, leading to a calmer, more balanced, and fulfilling life grounded in acceptance and awareness.

## THOUGHT OF THE DAY

You cannot force someone to respect you, but you can choose to walk away when they don't, and that decision alone can change the direction of your life



## WORD

### Tardy

**Meaning:** Late or behind schedule; not on time.

**Example:** I woke up late and was tardy to school today!



# THE BCM EDGE

06th May 26

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

Wednesday

**BCM STUDENTS SHINE BRIGHT AT EUREKA**

**2.0 – DAV PHYSICS FEST WITH DOUBLE VICTORY IN “PHYSICS IN MOTION”**



Category	Position	Participants
Junior Category	□ First Position	Ekam (Class 8 – Rose) Pranil (Class 8 – Rose)
Senior Category	□ First Position	Amitabh (Class 9 – Daisy) Mayank (Class 9 – Daisy)

BCM School proudly celebrates the outstanding achievement of its students at Eureka 2.0 – DAV Physics Fest, held at DAV Public School. Demonstrating exceptional talent and scientific understanding, BCM students secured First Position in both Junior and Senior Categories in the event “Physics in Motion.”

In the Junior Category, Ekam and Pranil (Class 8 – Rose) impressed the judges with their innovation and teamwork. In the Senior Category, Amitabh and Mayank (Class 9 – Daisy) showcased excellent conceptual clarity and execution.

This achievement reflects the dedicated guidance of Teacher In-Charge, Mr. Ankush. Principal Dr. Vandna Shahi congratulated the students and appreciated their hard work, while also commending Mr. Ankush for his constant support and mentorship.

# THE BCM EDGE

**06th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Wednesday**

## GREEN IMPRESSIONS: KINDERGARTEN EXPLORES PRINT MAKING

BCM Kindergarten organized a delightful and enriching Print Making Activity aimed at nurturing artistic expression while instilling environmental awareness among its young learners. The activity beautifully blended creativity with learning, making it both engaging and meaningful for the children.

During the session, students used their tiny fingers as creative tools to make impressions on a tree illustration using vibrant green acrylic colors. The classroom buzzed with excitement and joy as little artists enthusiastically participated, transforming simple outlines into lively, lush green trees.



Beyond the artistic exploration, the activity also served as an opportunity to educate students about the importance of trees in our daily lives. Teachers conducted an interactive discussion, helping children understand how trees provide oxygen, shade, fruits, and contribute to a clean and healthy environment. The young learners were encouraged to develop a love for nature, plant more trees, and adopt habits that protect the environment from an early age.

Principal Dr. Vandna Shahi appreciated the initiative and remarked, “Such creative and experiential activities play a vital role in shaping young minds. By combining art with environmental awareness, we are nurturing responsible and thoughtful individuals who will care for our planet and contribute positively to society.”

# THE BCM EDGE

06th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

## THE PIGGY BANK

Ms. Dilpreet Kaur | PRT English

After many years, I recently decided to buy myself a piggy bank on New Year's Eve. However, this time my purpose was very different from when I was a child. Like many others, I used to make New Year resolutions with great excitement and enthusiasm every year. But as time passed, my determination would slowly fade away. By the end of the year, I would regret not living up to my own expectations. Still, the following year, I would once again write down a fresh list of goals and promises. To put an end to this careless habit, I bought the piggy bank. Every morning, I reminded myself of my resolutions. Each night before going to bed, I would reflect on my day. If I realized that I had done nothing to work towards my goals, I would put a certain amount of money into the piggy bank. The amount increased according to my laziness. In this process, I was both the player and the judge. As time went on, I noticed a significant difference from my childhood days. Whenever I dropped money into the box, I felt a deep sense of regret and self-awareness. Even so, I continued with the routine. At the end of the year, when I opened the box, I found it nearly 75% full. Feeling disappointed in myself, I threw the box in frustration and broke it into two pieces. That very night, I bought a new piggy bank and promised myself that I would continue trying. Years have passed, and this habit still remains with me. Thankfully, with each passing year, the amount of money collected in the box has steadily decreased. This change makes me happy because it reflects my growing consistency and discipline. Every penny saved from the box now goes towards self-improvement and achieving my goals. Today, after many years, I can proudly say that this small habit has helped me achieve success in both my personal and professional life. One day, I hope to see the piggy bank completely empty. Consistency, along with commitment, has the power to help us overcome our weaknesses and become better versions of ourselves.



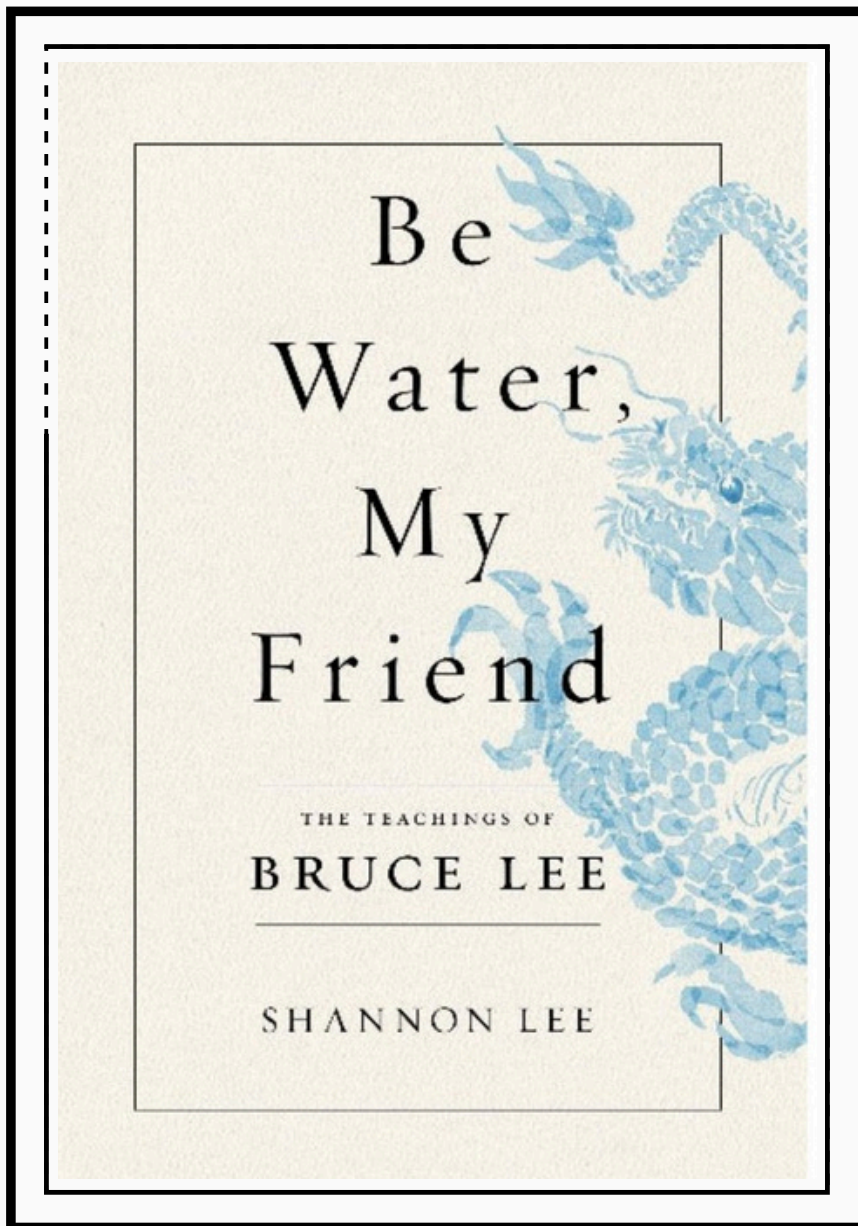
# THE BCM EDGE

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LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

## BOOK RECOMMENDATION : BE WATER, MY FRIEND



This reflection captures the essence of Be Water, My Friend—a philosophy of living with flow, awareness, and discipline. It teaches that forcing life creates resistance, while adapting like water leads to growth. True learning begins when you empty your mind of rigid beliefs. Authenticity is your greatest strength, and emotional mastery—not suppression—defines real power. Flexibility helps you survive change, while discipline builds lasting freedom. Ultimately, legacy is shaped in quiet, unseen moments through daily choices and values. The message is simple yet profound: live with intention, stay adaptable, and become your truest self without losing your inner balance.

### THOUGHT OF THE DAY

The most important things in life is to have a good friend, not a lot of friends.



### WORD

## Grapple

verb

(grap-uhl)

To struggle to deal with a difficult problem or situation.

EXAMPLE:

He is grappling with time management while handling work and studies.



# THE BCM EDGE

07th May 26

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Thursday**

## SCIENCE STREAM STUDENTS ADVOCATE SUSTAINABLE FUTURE THROUGH 'AAVAHAN'

Students of Science Stream of our school presented an intellectually woven and emotionally compelling class presentation titled 'Aavahan – A Call for a Sustainable Future', sensitising the audience towards the importance of Sustainable Development Goals (SDGs) through music, drama, poetry, dance, and thought-provoking performances.



The programme reflected the urgent need for environmental consciousness, social justice, equality, and responsible living. The self-written and self-composed song "Ujjiara – Ek Naya Savera" conveyed hope for sustainable communities while an informative talk on SDGs highlighted the interconnectedness of quality education, gender equality, clean energy, justice, and environmental protection.

The presentation was widely appreciated by parents for intelligently intertwining creativity with awareness and for presenting global concerns through emotionally engaging performances. Addressing the gathering, the School Principal Dr. Vandna Shahi applauded the students for presenting the theme with confidence, creativity, and social sensitivity, inspiring everyone towards a greener and more responsible future.

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The skit “Justice Delayed is Justice Denied” strongly portrayed the importance of fairness and strong institutions, reflecting SDG 16 – Peace, Justice and Strong Institutions. Adding emotional depth, a soulful self-composed poetry recitation echoed concerns about sustainability. The dance performance “Pankh – Wings of Women” beautifully celebrated women empowerment and gender equality, while the musical presentation “Safar-e-Zindagi” reinforced the values of harmony, unity, and coexistence.

Blending humour with awareness, the skit “Gabbar Singh ka Sustainable Hungama” creatively highlighted issues like pollution, plastic waste, and irresponsible human practices, leaving the audience both entertained and thoughtful. A special attraction of the event was the QR-code based sustainability pledge, where parents, teachers, and students collectively pledged to adopt environmentally responsible practices and contribute towards a greener future.



# THE BCM EDGE

07th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

## 20 BCM STUDENTS EXCEL AT ABACUS & MENTAL ARITHMETIC COMPETITION



BCM School takes immense pride in announcing that 20 of its students showcased exceptional aptitude and secured top positions across different modules and categories. The winners were felicitated with trophies and certificates by the esteemed Principal, Dr. Vandna Shahi, along with Ms. Sarabjit Kaur, Director of Genius Academie.

On this occasion, Ms. Sukhnandan Kaur, the teacher coordinator, was also honoured with a token of appreciation in recognition of her guidance and efforts. Additionally, a memento was presented to Dr. Vandna Shahi as a mark of respect and gratitude for her continuous support and encouragement.



# THE BCM EDGE

07th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

## MOLDING CREATIVITY: KINDERGARTEN'S PLAY DOUGH DELIGHT



BCM Kindergarten's young learners participated in a joyful and hands-on activity, "Play Dough Fun." The classroom transformed into a vibrant space of imagination where children explored, created and learned—all at once.

With eager little hands, the Nursery students squished, squeezed and molded colorful play dough into delightful shapes. Guided by their teachers, they crafted bright and cheerful sun, proudly showcasing their tiny masterpieces. Each creation reflected not just fun but a spark of creativity blooming in young minds. The activity strengthened fine motor skills as children worked with their fingers, bringing their ideas to life. The process also nurtured early problem-solving skills, as they discovered how to shape and structure their creations.

Principal Dr. Vandna Shahi appreciated the little stars by saying, "When children learn through play, they learn the best. It is wonderful to witness our young learners exploring with such curiosity and enthusiasm."



# THE BCM EDGE

**07th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Thursday**

## **RAISING KIND HEARTS, BEFORE BRILLIANT MINDS**

**DEEPALI BHASKAR | KG TEACHER**



In a Kindergarten classroom, learning doesn't begin with a pencil—it begins with a heart. Before a child learns to trace letters or count numbers, they learn something far more powerful -how to smile,how to adapt, how to share and how to care. In the middle of giggles, tiny footsteps and endless “why” questions, we witness the purest form of humanity taking shape.

A child offering their snack to a friend, holding a hand when someone feels sad or waiting patiently for their turn—these are not small moments. These are life lessons in their simplest, most beautiful form.

In today's world, where success is often measured in marks and achievements, we sometimes forget that kindness is a greater strength than knowledge alone. What good is intelligence if it is not guided by empathy? What is learning without compassion? Nurturing patience and the ability to handle little challenges lays the foundation for resilient, confident learners who can face future challenges with calmness and strength. Our respected Principal, Dr. Vandna Shahi, shares a powerful thought—when a butterfly struggles hard to break free from its cocoon, that struggle strengthens its wings, preparing it to fly into the beautiful world. If we try to ease that struggle, the butterfly may never soar. So, when we gently teach a child to say “please,” to wait, to understand others, or to accept a “No,” we are not denying them—we are shaping them.

So before we celebrate perfect handwriting or correct answers, **LET US CELEBRATE GENTLE HEARTS, HELPING HANDS and THOUGHTFUL ACTIONS.**

**Be Kind.**

**All the  
cool  
kids are  
doing it.**



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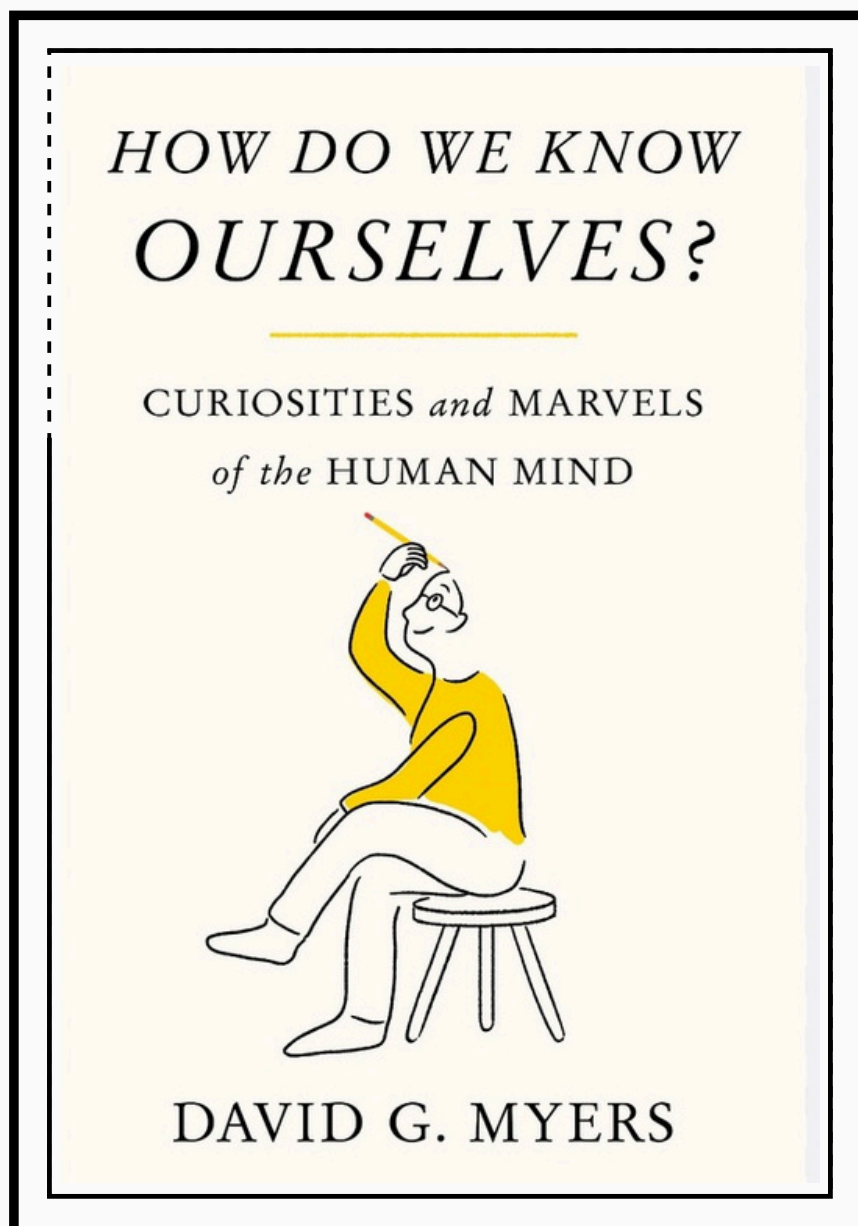
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LEAD360 - EXPLORE, EXPRESS, EXCEL

Thursday

## BOOK RECOMMENDATION :

# HOW DO WE KNOW OURSELVES?



How Do We Know Ourselves? by David G. Myers explores the hidden biases shaping human behavior. It reveals how the Dunning-Kruger effect fuels overconfidence, memory is reconstructive rather than reliable, and the spotlight effect makes us overestimate others' attention. The book highlights self-serving bias and the "better-than-average" illusion, showing how we protect our ego. It also explains how actions shape attitudes through cognitive dissonance. Ultimately, Myers emphasizes that true happiness comes not from wealth, but from meaningful relationships and engaging "flow" experiences, encouraging self-awareness and intellectual humility.

## THOUGHT OF THE DAY

You don't need to explain your healing journey to anyone, your mind knows what it went through and what it needs.

## WORD

### Parsimonious

**Meaning:**

Unwilling to spend money or use resources; very careful and thrifty in spending.

**Sentence:**

His parsimonious habits helped him save enough money to buy his dream house.

# THE BCM EDGE

**08th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

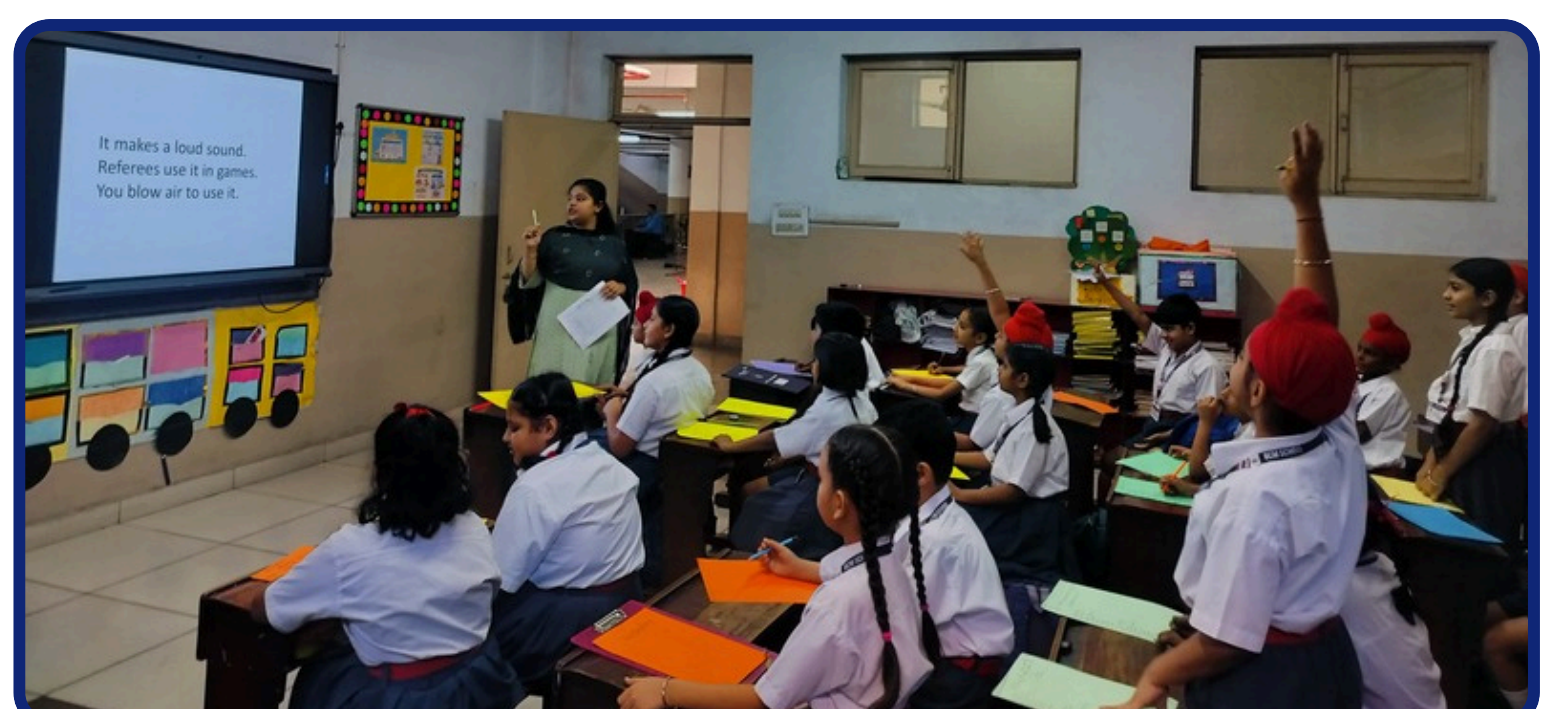
**Friday**

## FROM STORIES TO STAGE: STUDENTS SHINE IN LITERARY CLUB ACTIVITIES

The school organized engaging Language and Literary Club activities for students of Grades III, IV, and V on 5th, 6th and 7th May 2026, fostering joyful and meaningful learning. Grade III students participated in 'Aural to Verse – Listen, Recall, Write,' where they listened to a story and expressed key ideas through speaking, writing, and drawing, enhancing their listening and comprehension skills. Grade IV students enjoyed 'Word Detective,' an interactive activity using picture clues to strengthen vocabulary, observation, and speaking abilities.

Grade V students showcased their creativity through 'Book Trailer Presentations' collaboratively presenting books through storytelling and skits without revealing the endings, thereby building confidence, teamwork, and presentation skills. The activities were thoughtfully designed and successfully promoted creativity, communication, critical thinking, and collaboration, making learning both enjoyable and impactful.

The school Principal Dr. Vandana Shahi appreciated the enthusiastic participation of the students and the efforts of the teachers in organizing such enriching activities.



# THE BCM EDGE

08th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## TINY TOTS SPRINT INTO FITNESS ON WORLD ATHLETICS DAY



BCM Kindergarten marked World Athletics Day with great zeal and enthusiasm, as its little learners participated in a variety of fun-filled games and physical activities. The event aimed to promote the importance of fitness, coordination and a healthy lifestyle among young children.

The tiny tots took part in engaging activities such as simple races, balancing games and playful challenges designed especially for their age group. Each activity encouraged active participation, teamwork and a spirit of healthy competition. The celebration not only helped in enhancing physical fitness and motor coordination but also instilled confidence, discipline and sportsmanship among the children.

Principal Dr. Vandna Shahi stated that Physical activities are an integral part of early childhood development. Celebrations like World Athletics Day inspire children to stay active and develop a positive attitude towards sports from a young age.



# THE BCM EDGE

**08th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Friday**

## **DISCOVERING HAPTITUDE – THE ATTITUDE OF BEING HAPPY**

**MS. ISHA MEHTA | TGT MATHS**



In today's fast-paced digital world, FOMO—the Fear of Missing Out—has quietly become a part of our daily lives. We often find ourselves scrolling through updates, comparing experiences, and feeling the pressure to be everywhere and do everything. If someone else is achieving more, attending more, or enjoying more, it creates an invisible anxiety within us.

But what if missing out is not something to fear?

That's where JOMO—the Joy of Missing Out—comes in. JOMO is the quiet rebellion against constant comparison. It is the ability to say, "I am content where I am." It allows us to enjoy our own moments without the need for validation. Whether it's choosing rest over a crowded event or focusing deeply on one task instead of multitasking endlessly, JOMO helps us rediscover peace and presence.

Now, let's take this idea a step further with Haptitude—the attitude of being happy. Haptitude is not about having a perfect life; it is about choosing happiness despite imperfections. It teaches us to find joy in simple, everyday moments—a genuine conversation, a small achievement, or even a quiet cup of tea after a long day.

When we shift from FOMO to JOMO and embrace Haptitude, our perspective changes. Students begin to focus on learning rather than competing. Teachers find joy in guiding rather than rushing. Parents start appreciating progress instead of comparing outcomes.

Life was never meant to be a race of constant participation. Sometimes, stepping back is the most powerful step forward. Because true happiness doesn't come from being everywhere—it comes from being fully present where you are.

In a world that constantly pulls us outward, we choose to look within. We believe that not every moment needs comparison or validation. By letting go of FOMO, embracing JOMO, and living with haptitude, we create our own sense of happiness and peace. For us, life is not about missing out—it is about living each moment meaningfully, in our own way.

# THE BCM EDGE

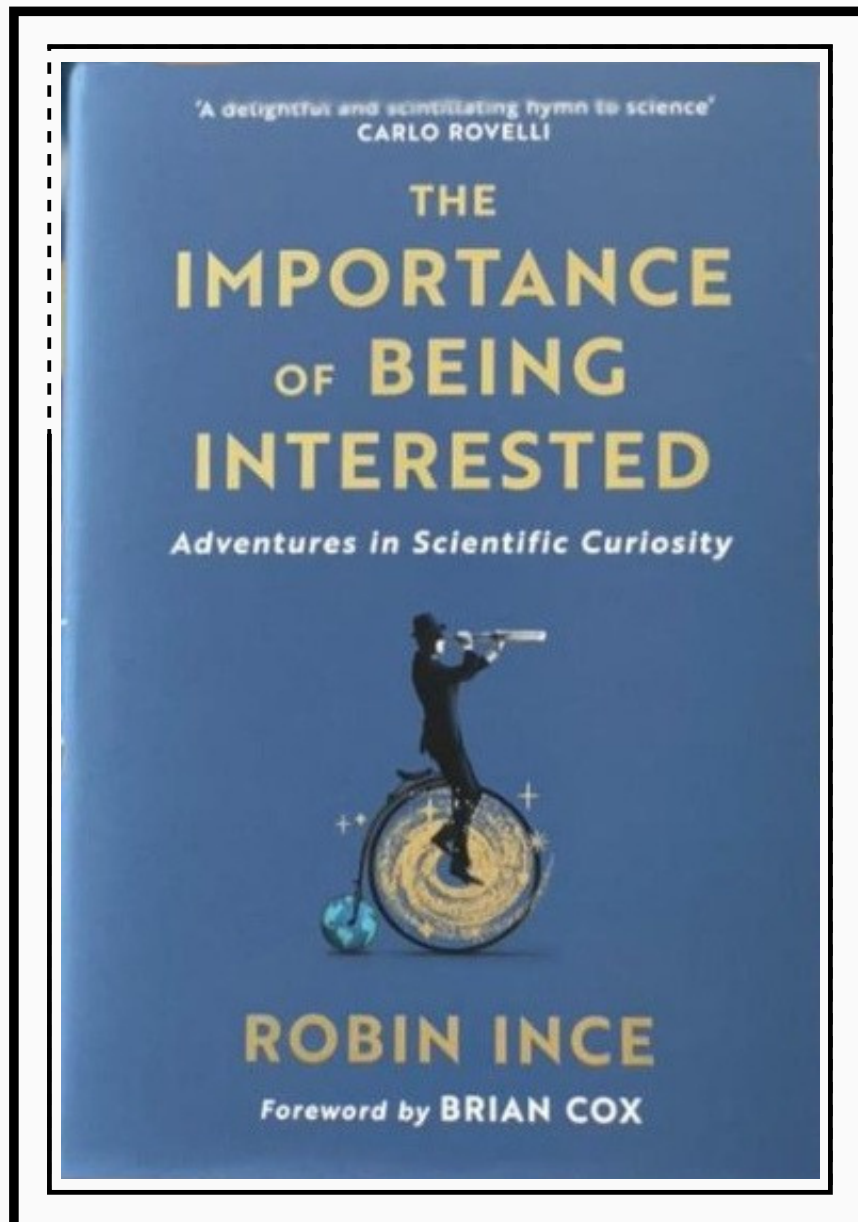
08th May' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## BOOK RECOMMENDATION :

# IMPORTANCE OF BEING INTERESTED



Robin Ince argues that a meaningful life comes not from being interesting but from being deeply interested. Curiosity transforms despair into exploration, revealing that no subject is truly boring—only unexplored. By staying curious about people, we build empathy and break down divisions. Embracing “I don’t know” keeps us open to growth and discovery. Ince highlights the interconnectedness of art and science, showing how wonder links everything. He presents curiosity and wonder as essential survival skills that combat cynicism. Ultimately, he celebrates the joy of being a generalist—encouraging us to follow our interests freely and find richness in everyday knowledge.

## THOUGHT OF THE DAY

You deserve better.  
Staying where you feel unvalued only delays your success, growth begins when you walk away from places and people that fail to recognize your true worth.



## WORD

### Putrid

**Meaning:** Extremely rotten and having very bad smell; disgusting.

**Example:** The garbage had been sitting in the heat for days, and the putrid smell made everyone gag.

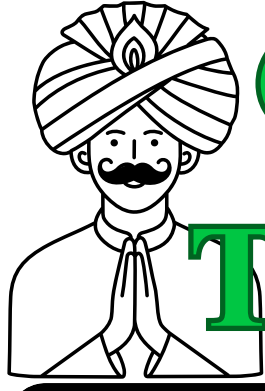


# THE BCM EDGE

09th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday



## CELEBRATING INDIA'S HERITAGE THROUGH A JOYFUL BAGLESS DAY



Students of class IV enthusiastically celebrated a joyful Bagless Day on the theme 'Heritage & Culture Day.' The initiative aimed to help students explore and appreciate India's rich cultural heritage through fun-filled experiential activities.

The day began with a Folk Art Workshop where students explored traditional art forms like Madhubani, Warli, and Pichwai. A lively Storytelling Circle encouraged them to creatively present folk tales through expressions and actions. Traditional games such as Stapu, Langdi, Tug of War, and Kho-Kho added excitement and energy to the celebration.

Students also enjoyed Music and Dance Exploration activities featuring folk songs and dance steps from different regions of India. A special highlight was the Mini Cultural Fest, where students presented skits, poems, and songs showcasing India's cultural diversity. The day concluded with a Reflection Journal activity in which students shared their learnings about Indian traditions and heritage.

# THE BCM EDGE

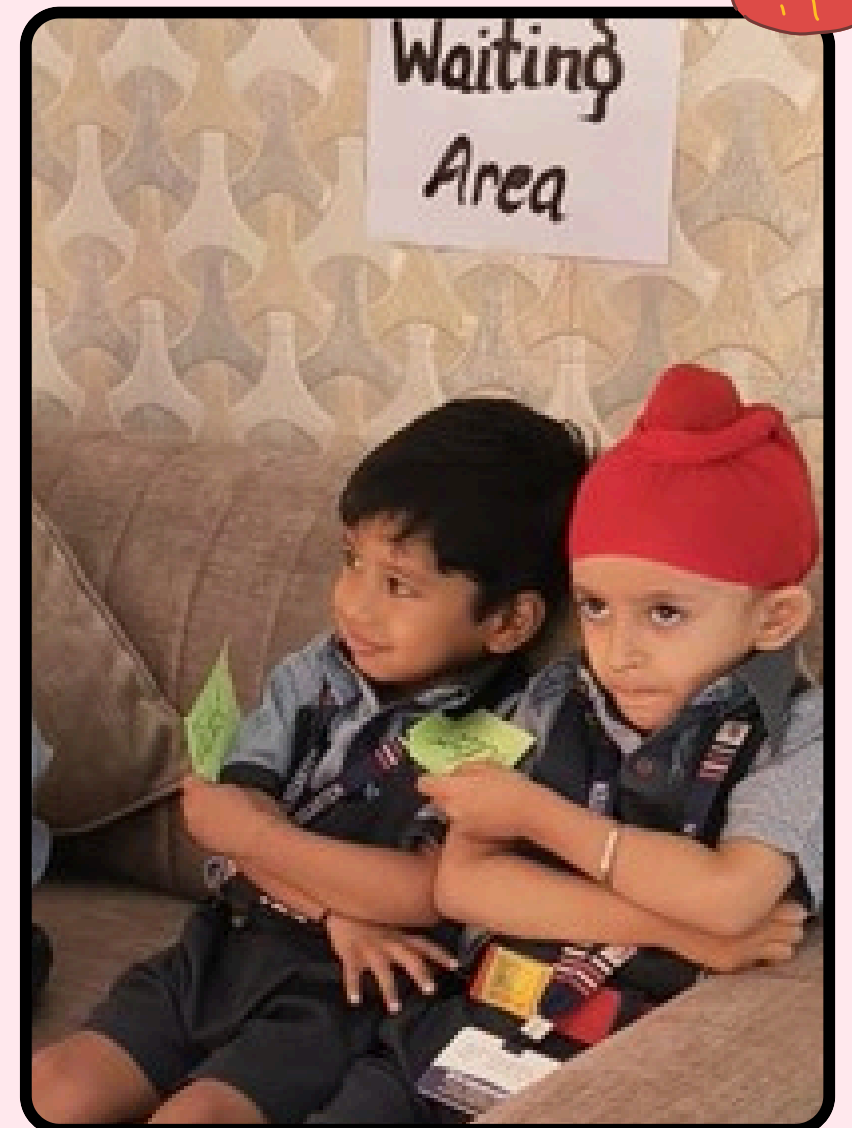
09th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday



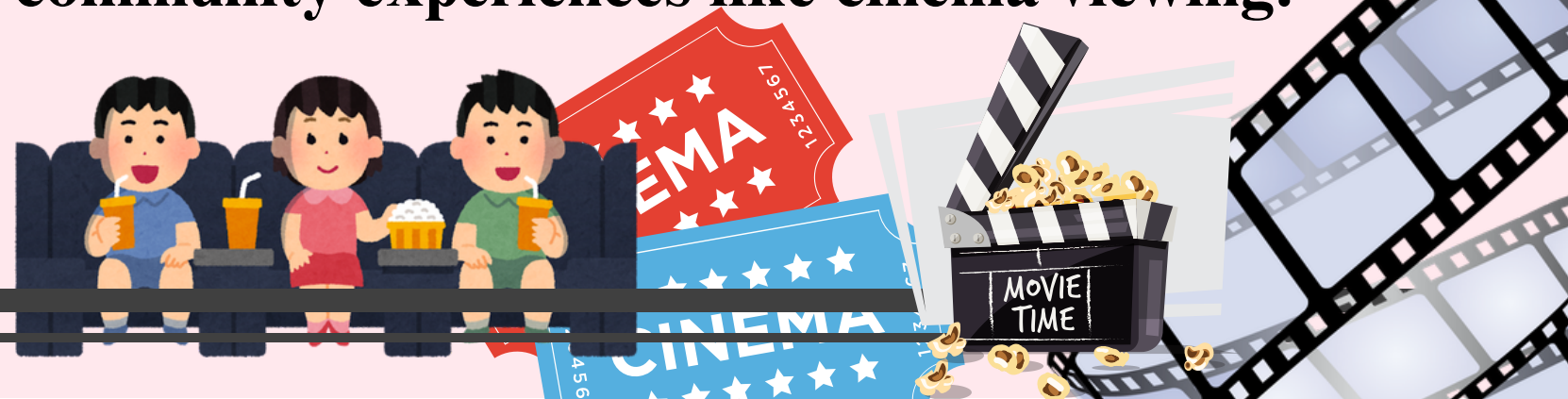
## EXPLORING STORIES, CULTURE AND SOCIAL BONDS THROUGH CINEMA



At BCM Kindergarten, learning turned into a magical cinematic experience as Nursery students enjoyed a fun-filled “Panchtantra – Cine Time.” The young learners stepped into a beautifully designed mini theatre setup that featured a ticket counter, popcorn stall and cozy seating arrangements, creating excitement and curiosity among the children. The little ones enthusiastically collected their tickets and settled down to enjoy an entertaining Panchatantra story screening. The activity beautifully blended enjoyment with learning as children explored moral-based stories in an engaging visual format. The cheerful atmosphere, shared laughter and interactive environment made the experience truly memorable for the students.



Apart from entertainment, the activity also encouraged the development of social skills as children interacted confidently with their classmates and teachers. It further introduced them to cultural storytelling and the concept of community experiences like cinema viewing.



# THE BCM EDGE

**09th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Saturday**

## IS YOUR TODAY TRULY YOURS?

**MS. VAKITA GARG | PGT ENGLISH**

Have you ever paused to wonder—Is my Today truly mine, or is it simply the delayed echo of my Yesterday? Much like the starlight that graces our night sky—ancient photons travelling across cosmic miles—our Today, too, is often the glow of our thoughts, choices and actions already emitted long ago. We live in the light of our own past radiance, and sometimes in the shadows we ourselves cast.

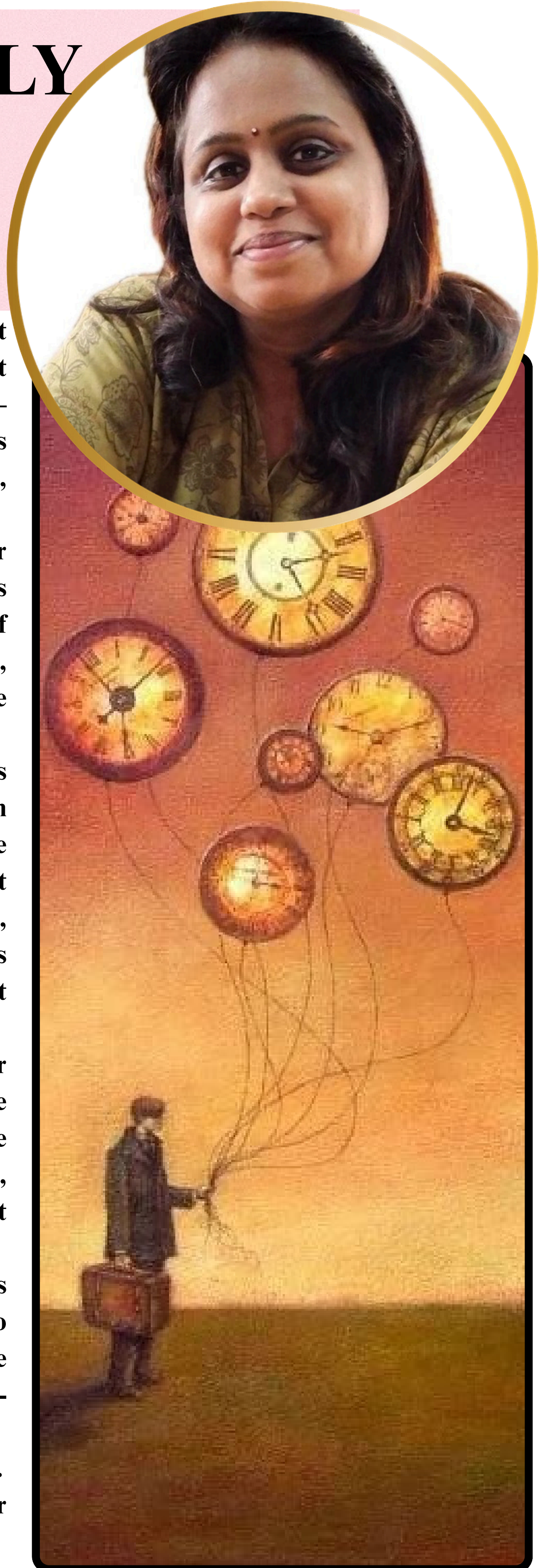
If we look closer, we'll see that Today is nothing but the afterglow or aftershock of Yesterday's choices. Reacting impulsively only amplifies the tremor. So the next time you face a tough situation, remind yourself—it's just an aftereffect of a moment gone by. Even when you fall sick, the doctor's first question is, "What did you eat yesterday?" Because Life follows a rhythm: cause first, effect later.

When life gifts you a purple patch—those rare seasons of effortless flow, success, and recognition—remember that these too arise from earlier alignments. Like the northern lights that appear only when the right energies collide in the sky, your glow appears when your past efforts meet the present moment. They are your own earlier courage, consistency, and sincerity returning home. Goodness released always finds a way back—like a boomerang that never forgets the hand that sent it.

Your thoughts today are like micro codes quietly programming your future—tiny algorithms determining tomorrow's outcomes. Of the thousands of thoughts that flicker in the mind each day, choose the ones that fortify you, not fragment you. Even if today feels heavy, remember that a cloudy day never means a cloudy life. Choose the right emotions today, and you can change tomorrow's entire weather.

Sometimes, life sends moments that defy reason—unexpected storms arriving from a clear sky. These are lessons placed by the Almighty to tilt us gently towards growth. Yet even then, it is our response—not the event—that decides the trajectory ahead. Wisdom lies in being a choice-maker, not a reaction-machine.

Some call it Karma; in modern parlance, it is simply Right Investments. So invest wisely in your Todays—your thoughts, your actions, your intentions—because your Tomorrows are silently being written in the ink of Today.



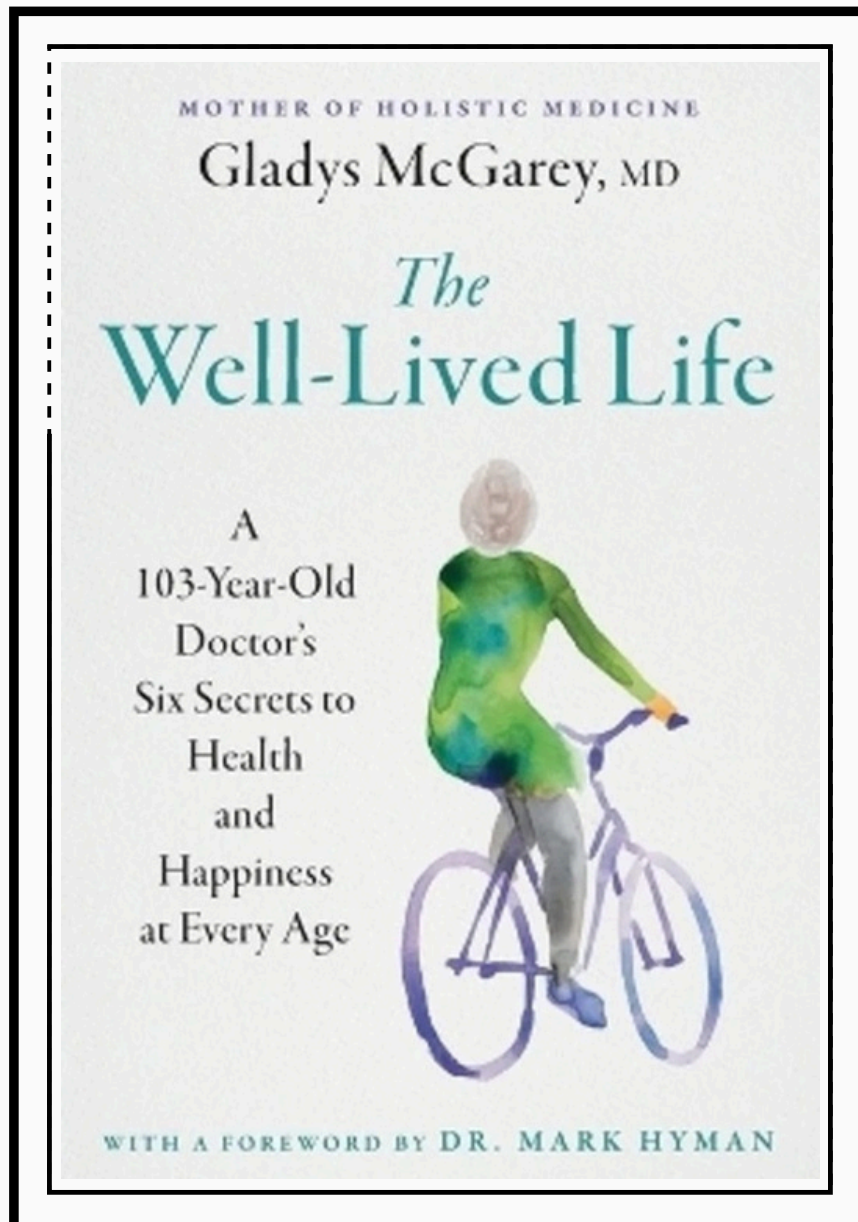
# THE BCM EDGE

09th May' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Saturday

## BOOK RECOMMENDATION : THE WELL-LIVED LIFE



The Well-Lived Life by Gladys McGarey is a gentle reflection on what it truly means to live well. Through wisdom gathered over a century, McGarey reminds us that life is not something to control or perfect, but something to fully experience. She encourages listening to the body, embracing uncertainty, and understanding that purpose already exists within what makes us feel alive. Love, she says, is not merely spoken but practiced daily through kindness, presence, and connection. The book leaves readers with a quiet but powerful realization: a meaningful life begins when we stop chasing perfection and start truly living.

### THOUGHT OF THE DAY

Time is free  
but it is priceless.  
You can't own it, but you can use it.  
You can't save it, but you can spend it.  
Once you have lost it,  
you can't ever get it back..

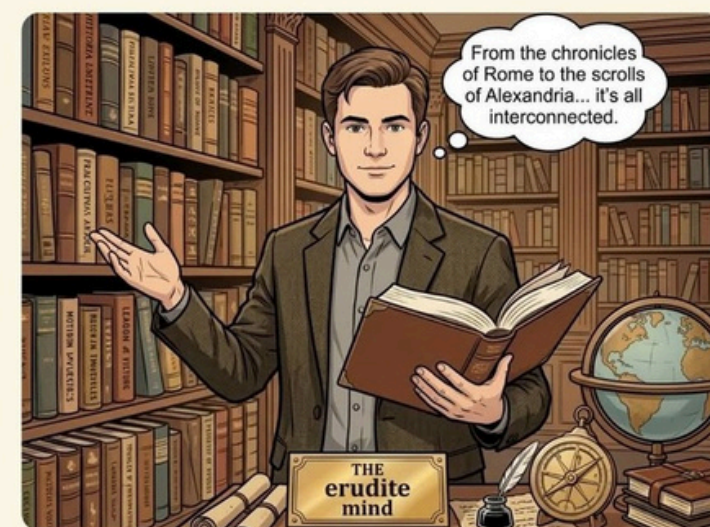
eMind Motivational Quotes

### WORD

**Erudite**  
(adjective)

ER-yuh-dyte

Highly knowledgeable and well-educated.



He is an **erudite** scholar with deep knowledge of history.

# THE BCM EDGE

10th May 26

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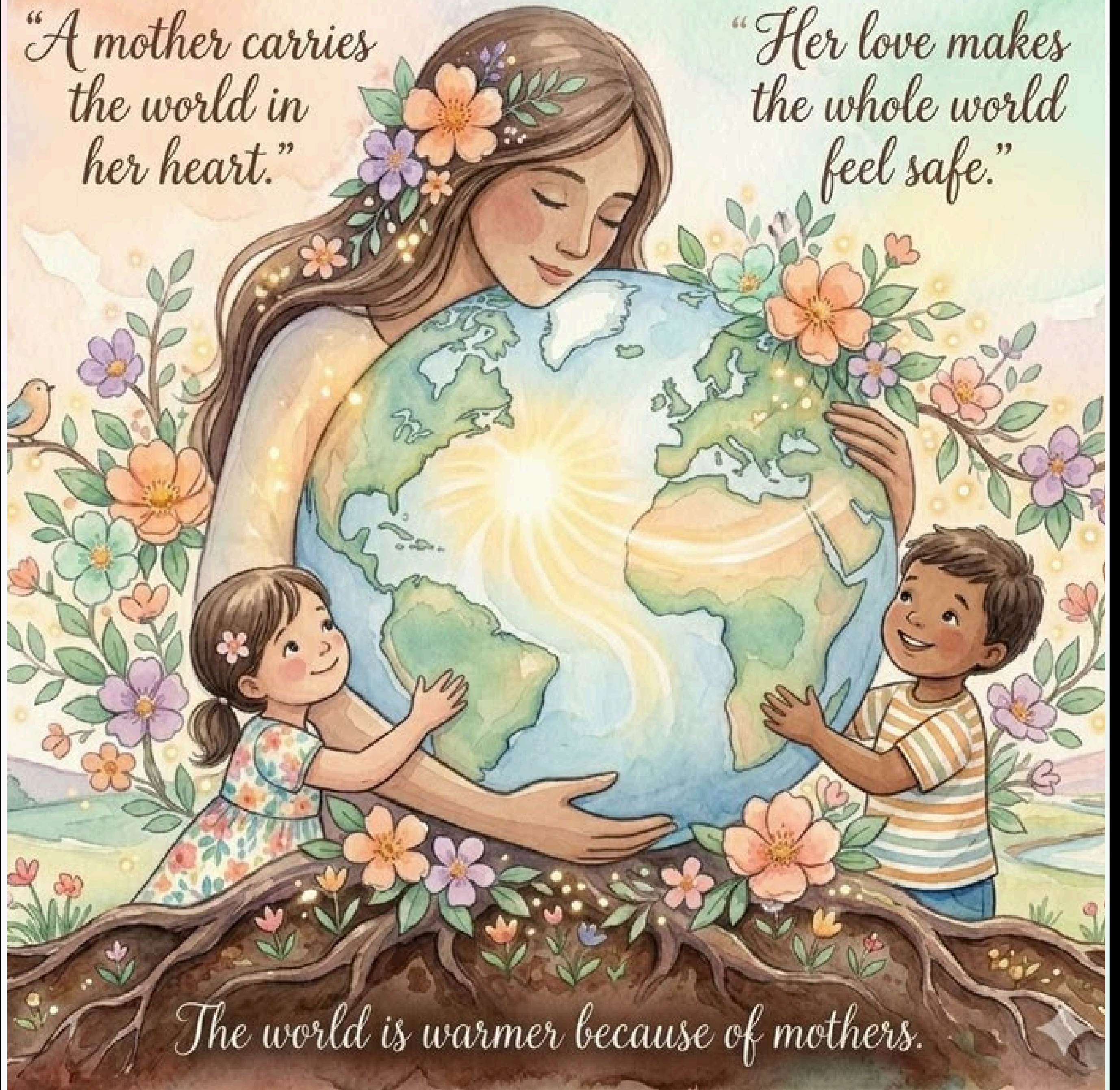
Sunday

## SPECIAL EDITION

Happy mother's day 

*"A mother carries  
the world in  
her heart."*

*"Her love makes  
the whole world  
feel safe."*



*The world is warmer because of mothers.*

# THE BCM EDGE

10th May 26

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Sunday**



## MOMS & THEIR MINI-EDITIONS: KINDERGARTEN HOSTS HEARTWARMING MOTHER'S DAY CELEBRATION



***“God could not be everywhere, and therefore He made mothers.”***

This beautiful quote perfectly reflects the essence of the heartfelt Mother's Day celebration organized by BCM Kindergarten, Basant Avenue, Dugri.

The school campus came alive with joy, love and vibrant enthusiasm as the institution paid a heartfelt tribute to the selfless devotion, endless sacrifices and unconditional affection of mothers. The celebration beautifully emphasized the irreplaceable place a mother holds in every child's life and highlighted the deep emotional bond shared between a mother and her child.

To make the occasion truly memorable, a special event titled “Moms & Their Mini-Editions” was organized, inviting mothers to participate wholeheartedly alongside their little ones. The event showcased a delightful blend of creativity, talent and togetherness through a series of engaging activities and performances

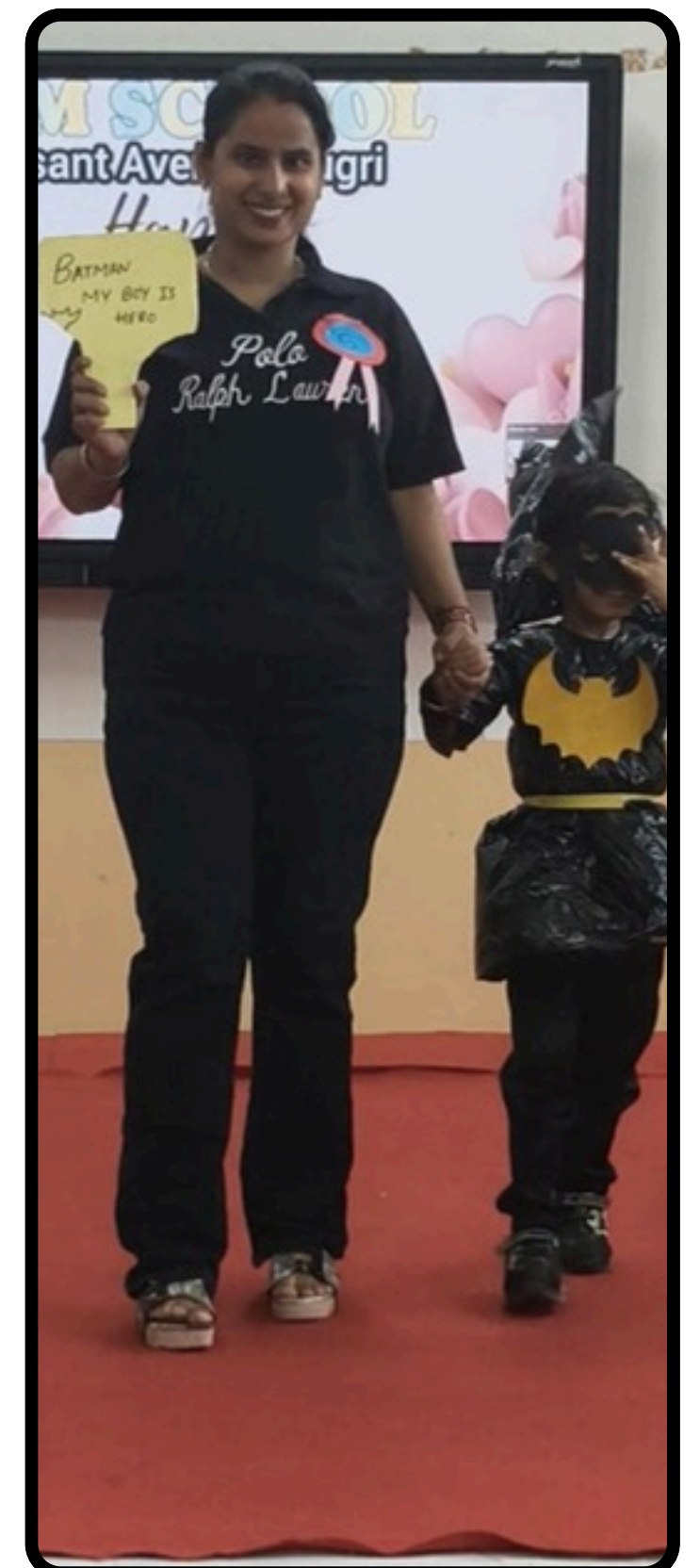
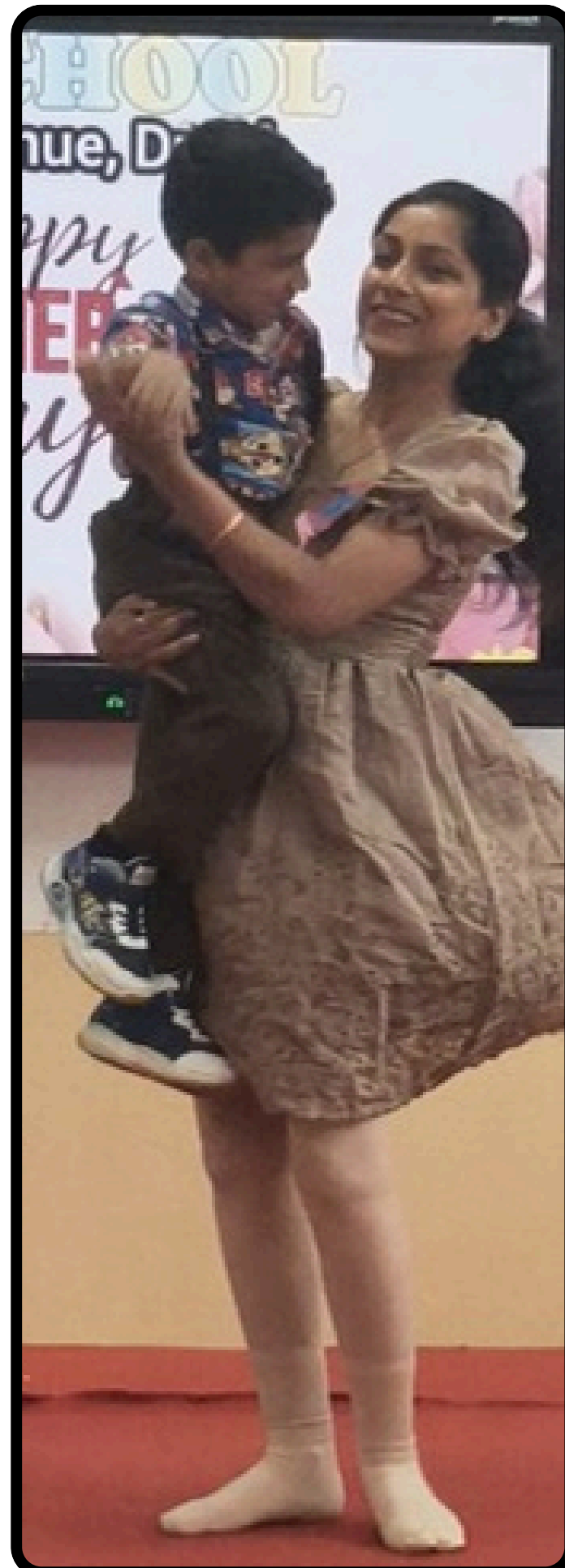


# EDGE OF GLIMPSSES

10th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Sunday



# THE BCM EDGE

10th May 26

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Sunday



The day was filled with joy, creativity and togetherness as mothers and children enthusiastically participated in activities like Zero Flame Cooking, Rangoli-Making on the theme “Embracing Motherhood” and the eco-friendly “Trash to Trend” competition. The little ones also expressed their love through handmade crafts and gifts, making the event even more heartwarming. The highlight of the day was the “Spot Light Time” segment, where mothers and their tiny tots delivered delightful dance performances, filling the atmosphere with happiness and excitement.

Principal Dr. Vandna Shahi appreciated the enthusiastic participation of all mothers and said, “A mother’s love is the purest form of strength and inspiration. Celebrations like these not only strengthen the emotional bond between parents and children but also create beautiful memories that remain cherished forever.” The event concluded on a joyful note, celebrating the spirit of motherhood and family bonding.



# THE BCM EDGE

10th May 26

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Sunday

## A Salute to All the Mothers

She is *Annapurna* in the kitchen,  
who feeds us with love untold,  
Turning simple meals to blessings,  
nurturing body, heart and soul.

She is a *Teacher* in every sense,  
who shapes our thoughts and makes us wise,  
Teaching us the values of life,  
helping us reach for the skies.

She is *God's* gentle presence,  
in our lives, in every way,  
Her prayers become our protection,  
her love lights our darkest day.

She is a *Friend* who understands,  
a *Guide* who shows the right path,  
A *Cheerleader* who believes in us,  
and stays with us in every laugh.

She wears many roles with grace,  
in every walk of life she shines,  
At home, at work, in every place,  
her strength and love are timeless lines.

To the mother who dreams for us,  
who sacrifices and never tires,  
Today we celebrate you,  
you are our strength, you are our life.

To all the mothers, in every role,  
we bow to you with love and pride,  
Today and every day, we salute you,  
for you walk with love by our side.

Ms. Sanskriti Verma  
Head, Outreach and Media



# THE BCM EDGE

10th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Sunday

Student  
Corner

## A Mother's Touch

▶ A mother's touch is soft and kind,  
The greatest comfort i can find.  
When I am sad or feeling low,  
Her gentle hand helps me to grow.

▶ It heals the hurts upon my knee,  
And calm the sadness inside of me .  
A simple hug , a touch on the head,  
Before I go to sleep in the bed.

▶ It's warmer than the morning sun,  
When all my daily work is done.  
No matter where I ever go ,  
Her love is all I know.

With the healing and soft touch ,  
I love my mother very much.

Ashpreet Kaur  
VIII Aster



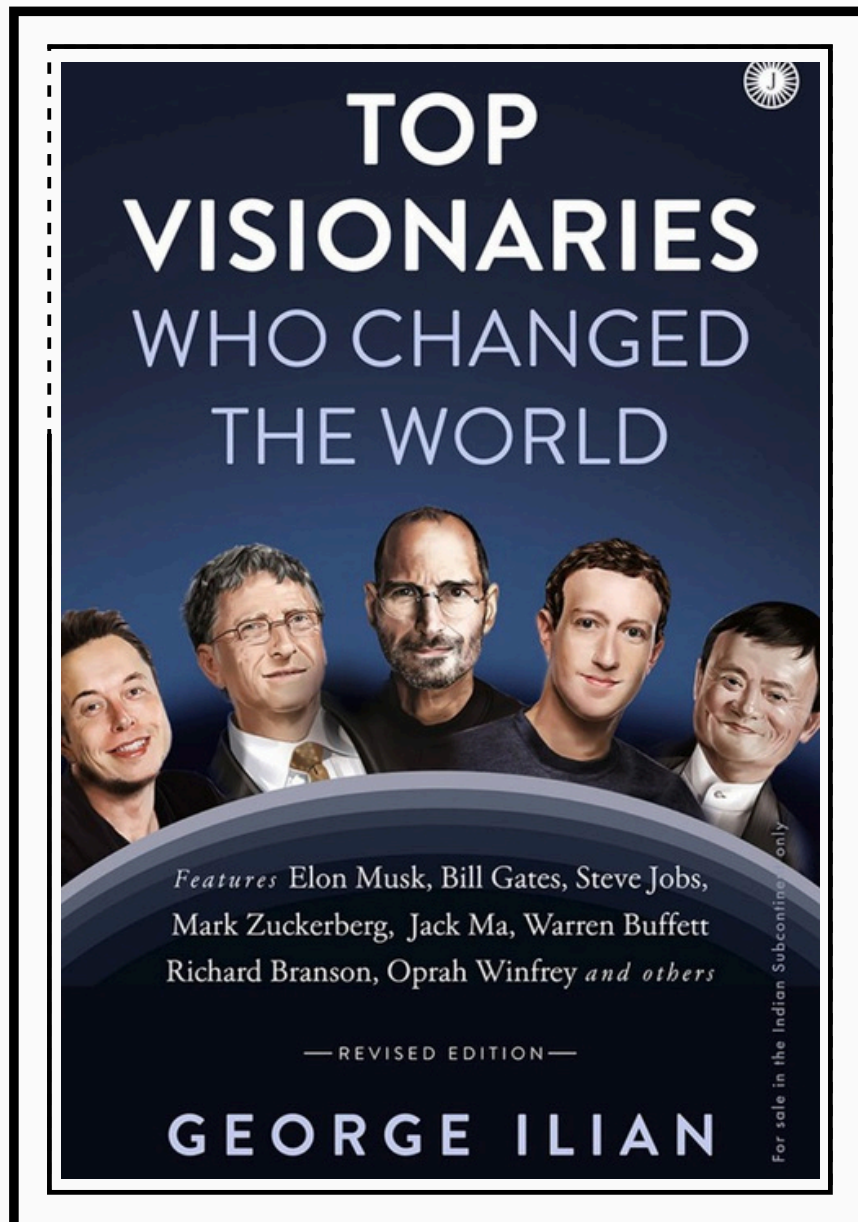
# THE BCM EDGE

10th May' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Sunday

## BOOK RECOMMENDATION : TOP VISIONARIES WHO CHANGED THE WORLD



George Lilian's *Top Visionaries Who Changed the World* reveals that history is shaped by people bold enough to challenge the status quo. The book highlights seven key lessons: great visions begin with dissatisfaction, true innovators endure misunderstanding, and breakthroughs often come from combining ideas across fields. Visionaries succeed through relentless iteration, strong teams, and first-principles thinking that questions accepted norms. Most importantly, they focus on purpose rather than fame. Lilian shows that lasting impact is not created by comfort or conformity, but by courage, curiosity, resilience, and dedication to solving meaningful problems that improve the world for future generations.

### THOUGHT OF THE DAY



When someone tells you about their problems it doesn't mean that they're complaining. It means that they trust you.

### WORD

## Fleeting

**Meaning:** Lasting for a very short time; brief and temporary.

**Example:** We shared a **fleeting** glance before the train departed.



# THE BCM EDGE

**11th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Monday**

## **CBSE CURRICULUM 2026–27 REFORMS EXPLAINED IN STAFF ORIENTATION SESSION**



An orientation session was conducted at BCM School, Dugri by the school Principal, Dr. Vandna Shahi, to familiarize the staff with the newly introduced CBSE Curriculum 2026–27 and the reforms aligned with NEP 2020. During the session, Dr. Vandna Shahi highlighted important curriculum reforms including competency-based learning, experiential pedagogy, interdisciplinary education, skill development and holistic growth of students. Special emphasis was laid on the new three-language framework comprising R1 (Identity), R2 (Connection), and R3 (Diversity), with R3 becoming compulsory from Class VI onwards from the academic session 2026–27.

The staff was also informed about the phased introduction of Computational Thinking (CT), and Artificial Intelligence (AI) from Class VI onwards, along with AI modules for senior classes. The introduction of Standard and Advanced levels in subjects like Science and Mathematics was also discussed.

Dr. Shahi further emphasized inclusive education through flexible subject options for CWSN students and highlighted the importance of mother tongue/local language as the medium of instruction up to Class V. Teachers were also informed that CBSE offers 44 languages, including all 22 scheduled Indian languages.

The session proved highly informative and enriching, helping teachers gain clarity about the upcoming curriculum changes and their effective classroom implementation.

# THE BCM EDGE

11th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

**“ASSESSMENT IS NOT MERELY ABOUT MEASURING LEARNING, IT IS ABOUT UNDERSTANDING AND NURTURING EVERY CHILD’S UNIQUE POTENTIAL.”**

Reflecting this progressive vision, BCM School organized an insightful workshop titled “The Rubric Code: Unlocking the HPC Excellence” under the dynamic leadership of Principal Dr. Vandna Shahi. The workshop aimed at acquainting educators with innovative assessment practices and learner-centric pedagogies aligned with NEP 2020 and the National Curriculum Framework (NCF) for the Foundational Stage. Teachers and Wing Coordinators from sister concerns including BCM School Chandigarh Road and BCM School Basant City participated enthusiastically, creating a collaborative platform for exchanging progressive educational practices and ideas.

The workshop primarily focused on the Holistic Progress Card (HPC) and the effective use of rubrics for competency-based and multidimensional assessment of learners. Educators were guided on assessing children holistically across cognitive, linguistic, socio-emotional, physical and creative developmental domains.



- **KEY DISCUSSION POINTS:**
- Holistic Progress Card (HPC) and rubric-based assessment
- Competency-based and multidimensional evaluation practices
- Experiential and joyful learning methodologies
- Play-way and inquiry-based learning approaches
- Integration of storytelling, art and experiential activities in classrooms
- Strategies to foster creativity, communication and critical thinking
- Inclusive and child-centric learning environments aligned with NEP 2020 and NCF

# THE BCM EDGE

11th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

## YOUR CHILD IS A STORY, NOT A SCORE

MS. SUMANPREET | PRT



Dear Parents

Last week I returned test papers. Some faces lit up, some dropped. I saw one child hide his paper inside his book, scared to go home. That night, I couldn't sleep.

Marks can tell me if your child remembers the dates of history. But they cannot tell me that he shares his tiffin with a boy who forgot lunch. Marks cannot show that she stayed back to help clean the board without being asked. Marks don't capture the way your son ties a younger child's shoelaces during assembly.

A report card is a page. Your child is a whole book. We judge too quickly by one chapter called "Exams". But what about the chapter where she stood up for a friend? What about the page where he said sorry first? What about the paragraph where they tried again after failing?

The world will ask your child for percentages in Class 10. But life will ask them for kindness, courage, honesty, and teamwork every single day.

So this PTM, before you ask me "How much did my child score?", please ask me "Is my child becoming a good human being?"

Because scores can get you admission. But stories – the stories of character – get you respect for life.

Let's raise children, not just percentages. Let's read the whole story.

With hope

A Teacher Who Believes in Them



# THE BCM EDGE

11th May 26

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Monday

STUDENT CORNER

## Dignity

Dignity is not loud, it does not boast or bend,  
It stands upright when storms descend.  
A quiet strength in word and deed,  
The root that lets the spirit feed.

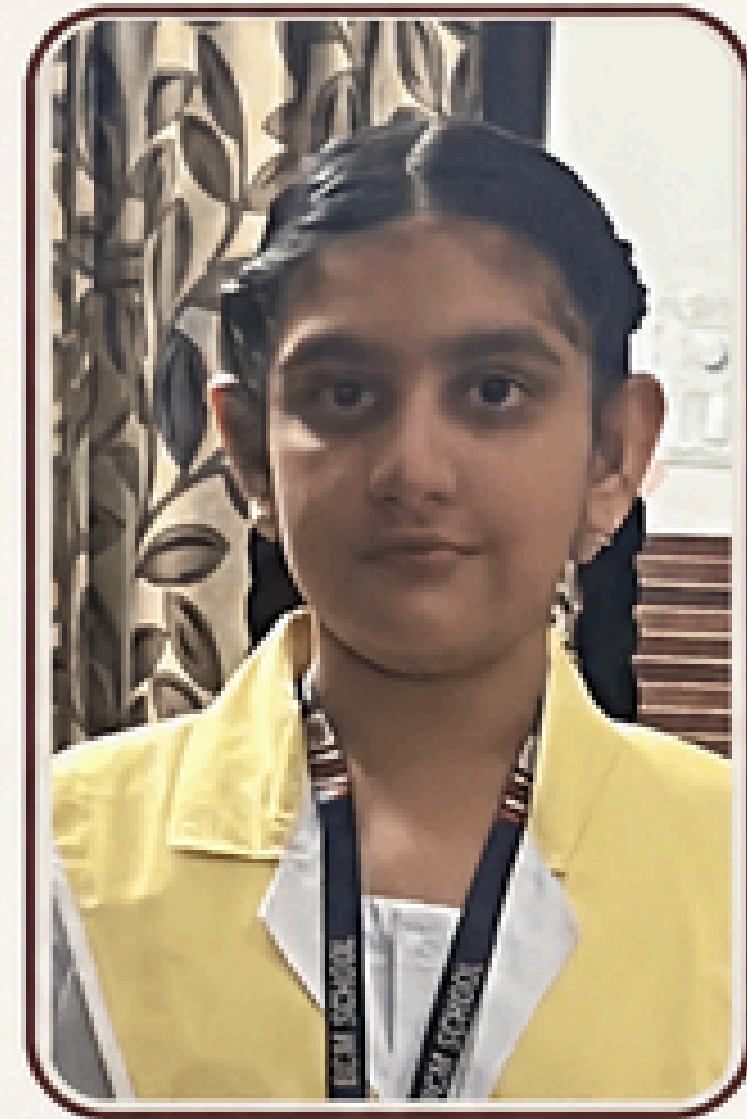
It's in the way you meet the eyes  
Of those the world would otherwise  
Pass by, dismiss, or cast aside —  
Dignity chooses to abide.

Not wealth, nor praise, nor power's claim  
Can give a soul its truest name.  
For dignity is self-held grace,  
Unbroken by another's pace.

So walk with head and heart aligned,  
Speak truth with courage, clear and kind.  
For when all else is stripped away,  
Dignity is what remains to stay.

Simrat

VIII Daisy



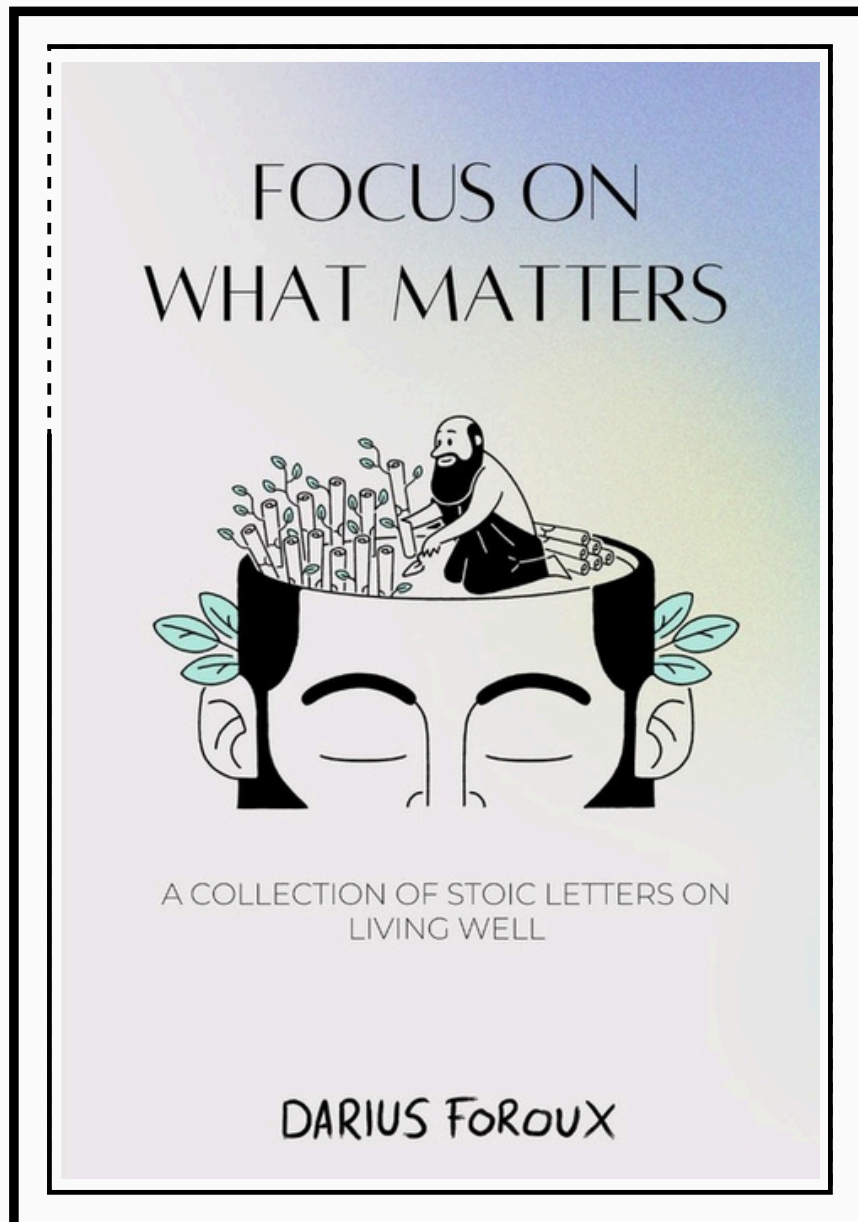
# THE BCM EDGE

11th May' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Monday

## BOOK RECOMMENDATION : FOCUS ON WHAT MATTERS



Focus on What Matters by Darius Foroux teaches that mental clarity comes from eliminating useless thoughts and focusing only on what truly matters. The book emphasizes turning thoughts into action, questioning negative assumptions, and avoiding distractions that drain energy. Foroux promotes a low-information lifestyle, radical focus on one or two priorities, and consistency over intensity. He argues that most worries, opinions, and busywork are irrelevant to long-term success. By controlling mental input and practicing disciplined thinking daily, we can reduce anxiety, improve productivity, and use our minds as tools for purposeful action and inner peace.

### THOUGHT OF THE DAY

Forgive the people  
in your life, even if they  
never apologize. Keeping  
anger inside only hurts  
you, not them.

### WORD

## Brittle

**Meaning:** Hard but easily broken or damaged.

**Example:** The brittle cookie crumbled in his hands.



# THE BCM EDGE

12th May 26

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Tuesday**

**INTER BCM HOD MEETING FOCUSES ON**



**ACADEMIC PLANNING AND  
COLLABORATIVE STRATEGIES**



An online Inter BCM HOD Meeting was successfully conducted with the participation of Heads of Departments from all BCM Sister Concern Schools. The meeting served as a constructive platform for discussing key academic agendas, including the planning of meaningful holiday homework, timely syllabus completion, and the implementation of effective subject-wise teaching strategies for the new academic session.

The discussions emphasized collaborative learning approaches, innovative classroom practices, and maintaining uniform academic standards across all branches.

## **DEAN ADMINISTRATION CONDUCTS MEETING ON PRODUCTIVE SUMMER VACATION PLANNING**



Under the guidance of Dean Administration Ms. Gurpreet Kaur, a staff meeting was conducted at BCM School to discuss important aspects related to discipline, professionalism, student welfare, and academic planning. Teachers were appreciated for successfully conducting morning fitness activities, which received positive feedback from students and parents. The meeting also focused on the timely submission of interdisciplinary holiday homework and guidelines for the Summer Internship Programme.

# THE BCM EDGE

12th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Tuesday

## TINY TECH EXPLORERS CELEBRATE WORLD TECHNOLOGY DAY AT BCM KINDERGARTEN

“Technology is best when it brings people together and makes life simpler.” Keeping this thought at the heart of learning, BCM Kindergarten enthusiastically celebrated World Technology Day to help young learners understand the importance and usefulness of technology in everyday life. Students were introduced to various technological tools and gadgets such as mobile phones, computers, smart boards, washing machines, microwaves and other electronic devices. Through simple examples, teachers explained how technology helps people communicate, study, travel, cook, clean and perform daily tasks with ease. The interactive session sparked curiosity among the tiny tots and enhanced their awareness about the modern world around them.

To make the celebration more engaging, a Colouring Competition was also organized where students beautifully coloured pictures highlighting the role and benefits of technology. The young learners showcased great creativity and enthusiasm, and the best performers were appreciated for their outstanding work. Principal Dr. Vandna Shahi appreciated the efforts and emphasized the importance of guiding children towards the meaningful and responsible use of technology from an early age.



# THE BCM EDGE

**12th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Tuesday**

## TINY STEPS, GIANT LEAPS

**MS. SURUCHI | KG TEACHER**

When a child walks into kindergarten for the first time, they carry more than a lunchbox. They carry wonder, fear, a hundred questions, and the biggest courage we often overlook.

In kindergarten, we celebrate things the world forgets to clap for. We clap when a child holds a crayon correctly. We cheer when they wait for their turn. We celebrate when they say "sorry" without being told. To adults, these are tiny steps. To a 4-year-old, these are Everest.

This is where giant leaps begin. The child who learns to share blocks today learns to collaborate on projects tomorrow. The one who listens to a story today learns to listen to people tomorrow. The child who tries to zip their own bag learns that "I can't" can become "I'll try."

Kindergarten is not preparation for school. It is school - for the heart, for the hands, for habits. Here, mistakes are not marked in red. They are met with, "Let's try again." Because before we teach children to read words, we teach them to read the room with kindness.

So the next time you see a KG teacher covered in glitter and glue, remember: she is not just managing a class. She is growing the adults who will one day manage the world. And that journey begins with one tiny, brave step.



*How sharing a toy today  
teaches leadership  
tomorrow.*



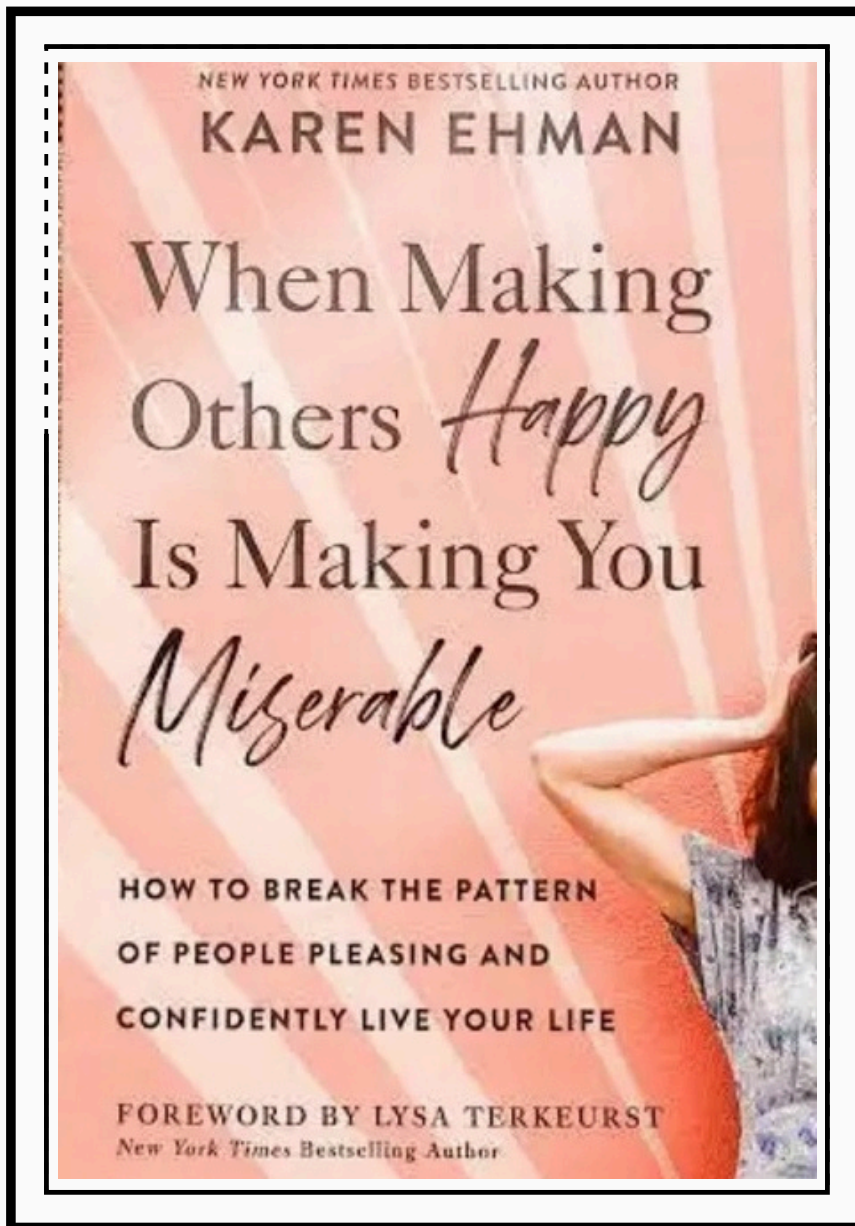
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12th May' 26

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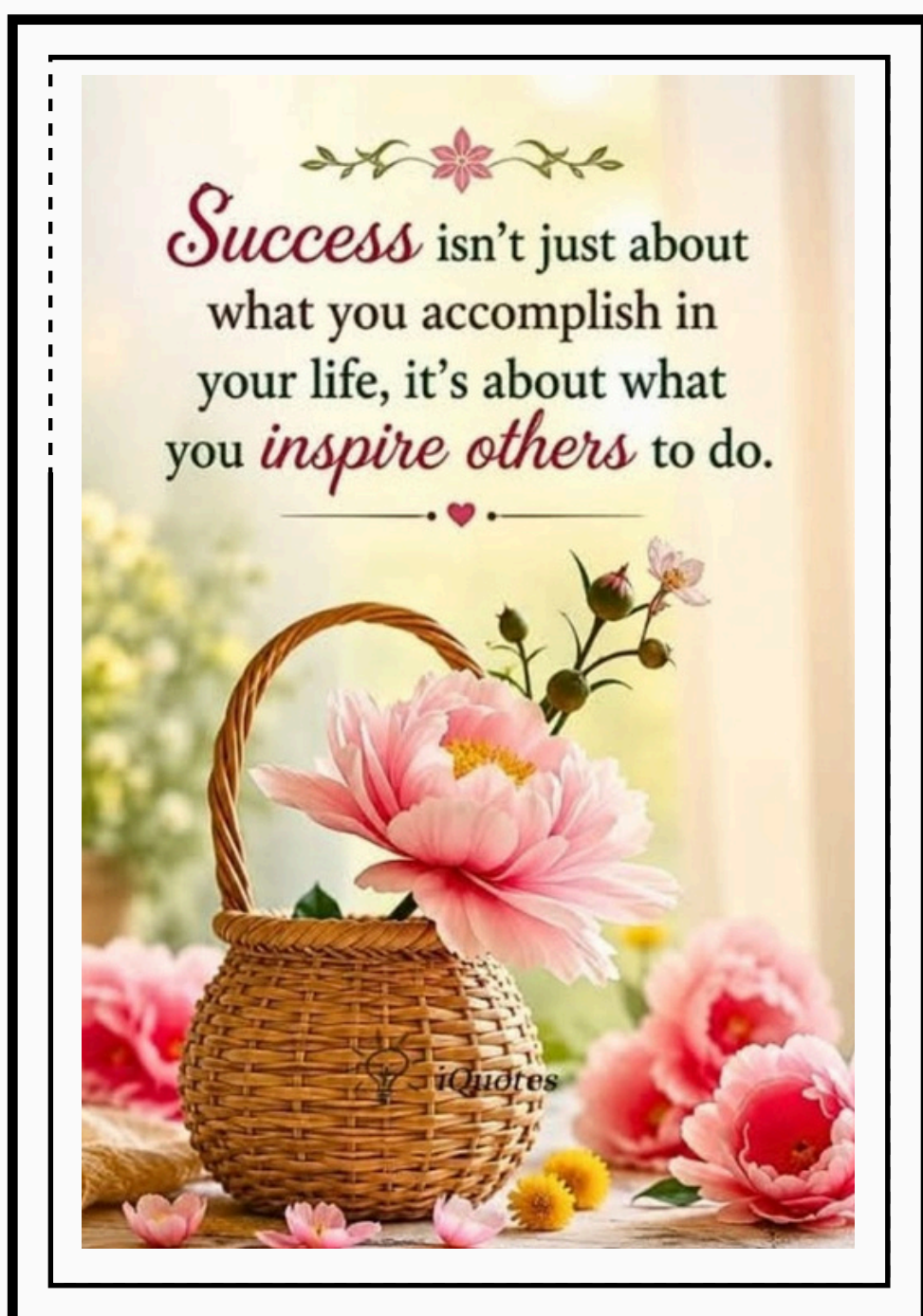
Tuesday

## BOOK RECOMMENDATION : WHEN MAKING OTHERS HAPPY IS MAKING YOU MISERABLE

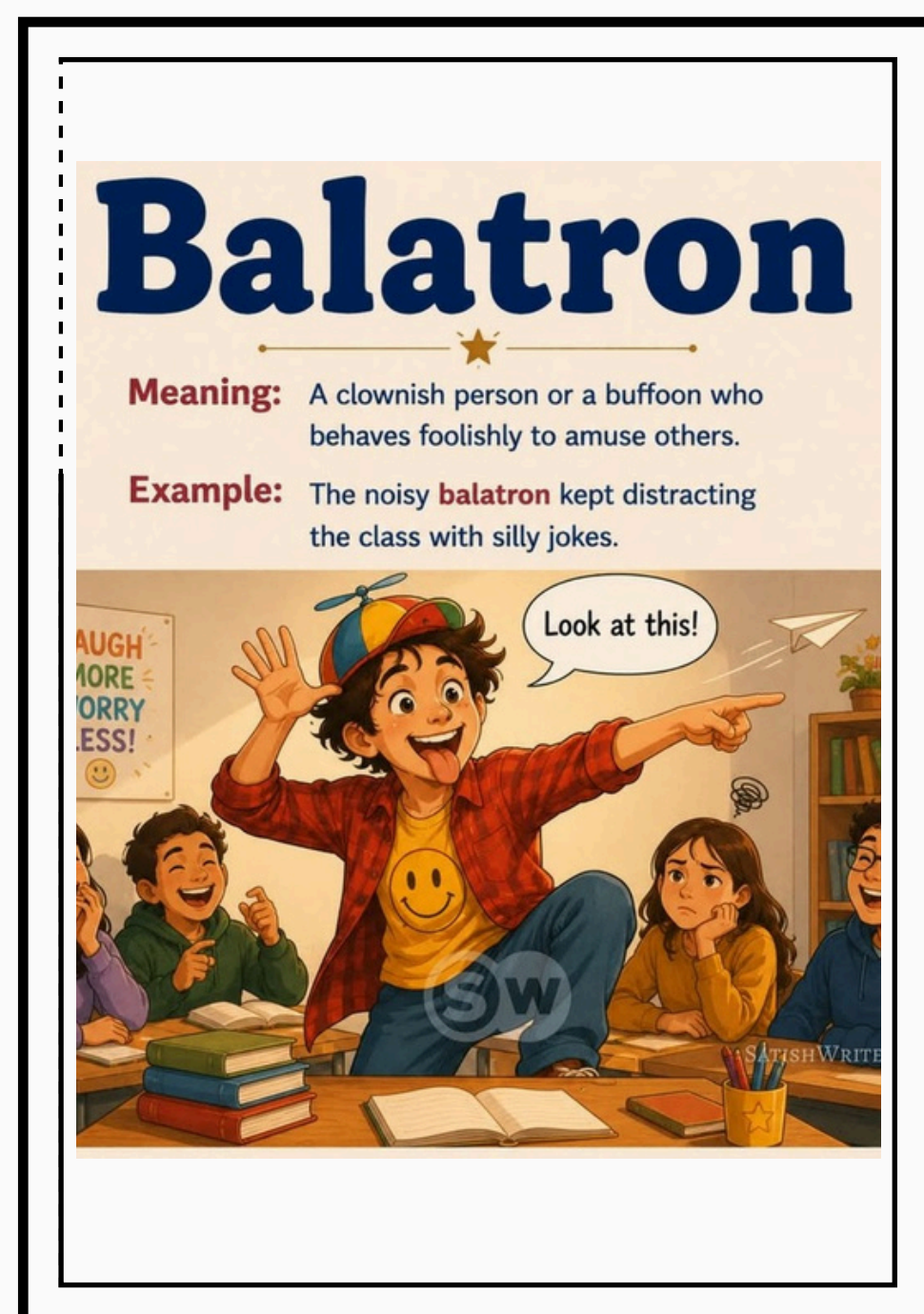


Karen Ehman's *When Making Others Happy Is Making You Miserable* feels less like a self-help book and more like a heartfelt conversation with a trusted friend. Through compassion and practical advice, Ehman gently reminds readers that caring for others should never come at the cost of losing themselves. Her relatable examples, honest reflections, and simple scripts for saying "no" make the book deeply comforting and empowering. One of its strongest messages is learning the difference between helping and over-carrying burdens that were never ours to bear. This isn't a book about selfishness—it's about healthy boundaries, self-worth, and finally realizing that your peace matters too.

## THOUGHT OF THE DAY



## WORD



# THE BCM EDGE

13th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Wednesday

## PROUD MOMENTS OF VICTORY!

Our Students Excel at

### SYNC HACK 2026 - AI-POWERED IOT BATTLE

Organized by BML Munjal University | Hosted at BCM School, Sector 32



#### 2<sup>nd</sup> RUNNER-UP

Project Name: Sega

Students: Shreyansh (Class XI Science A)  
Tanveer Singh (Class XI Arts)

Teacher In-charge: Harsh Verma







#### EMERGING TEAM

Project Name: Sync Vision

Students: Saksham Goyal (Class XII Science B)  
Vandita (Class XII Commerce A)

Teacher In-charge: Hema Aggarwal

### WINNERS AT A GLANCE

PROJECT NAME	PRIZE CATEGORY	STUDENTS	CLASS	TEACHER IN-CHARGE
 SEGA	 2 <sup>nd</sup> Runner-Up	<ul style="list-style-type: none"> <li>Shreyansh</li> <li>Tanveer Singh</li> </ul>	XI Science A XI Arts	Harsh Verma
 SYNC VISION	 Emerging Team	<ul style="list-style-type: none"> <li>Saksham Goyal</li> <li>Vandita</li> </ul>	XII Science B XII Commerce A	Hema Aggarwal

# THE BCM EDGE

13th May 26

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Wednesday

## BUILDING FUTURE-READY MINDS: BCM SCHOOL PROMOTES STEM LEARNING FROM THE PRIMARY YEARS



Students of Classes III and VI enthusiastically participated in engaging STEM Club Activities focused on creativity, innovation, and hands-on learning.

Around 280 Class III students showcased innovative models on the theme “Means of Transportation,” including Traffic Signals, Zebra Crossings, Airports, Sea Ports, and City Malls, enhancing their understanding of road safety and urban infrastructure.

Simultaneously, 284 Class VI students explored the concept of hydraulics by creating working models such as Hydraulic Lifts, Cranes, Bridges, and Gates using syringes and tubes, learning about fluid pressure and its real-life applications.

Principal Dr. Vandna Shahi appreciated the efforts of students, teachers, and parents, emphasizing that such STEM activities foster scientific temperament, creativity, and problem-solving skills among learners.



# THE BCM EDGE

13th May 26

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Wednesday

## CELEBRATING THE HEART OF EVERY HOME: MOTHER'S DAY ACTIVITIES IN PRIMARY WING



To celebrate the unconditional love, care, and sacrifices of mothers, BCM School organized a series of meaningful and creative Mother's Day activities for students of Classes III to V. The activities were designed to help students express their gratitude and emotions towards their mothers in a thoughtful and artistic manner.

Class III students enthusiastically participated in the Photo Frame Activity, where they beautifully decorated frames with colours, craft material, and heartfelt messages dedicated to their mothers.

Students of Class IV engaged in the Handprint Flower Bouquet Card Activity, creating colourful bouquet cards using their handprints as flowers. Class V students took part in the thoughtful Promise Tree Activity, where they wrote sincere promises for their mothers, expressing their commitment to helping, respecting, and caring for them. The activities encouraged students to reflect on the importance of gratitude, responsibility, and family values.



# THE BCM EDGE

**13th May 26**

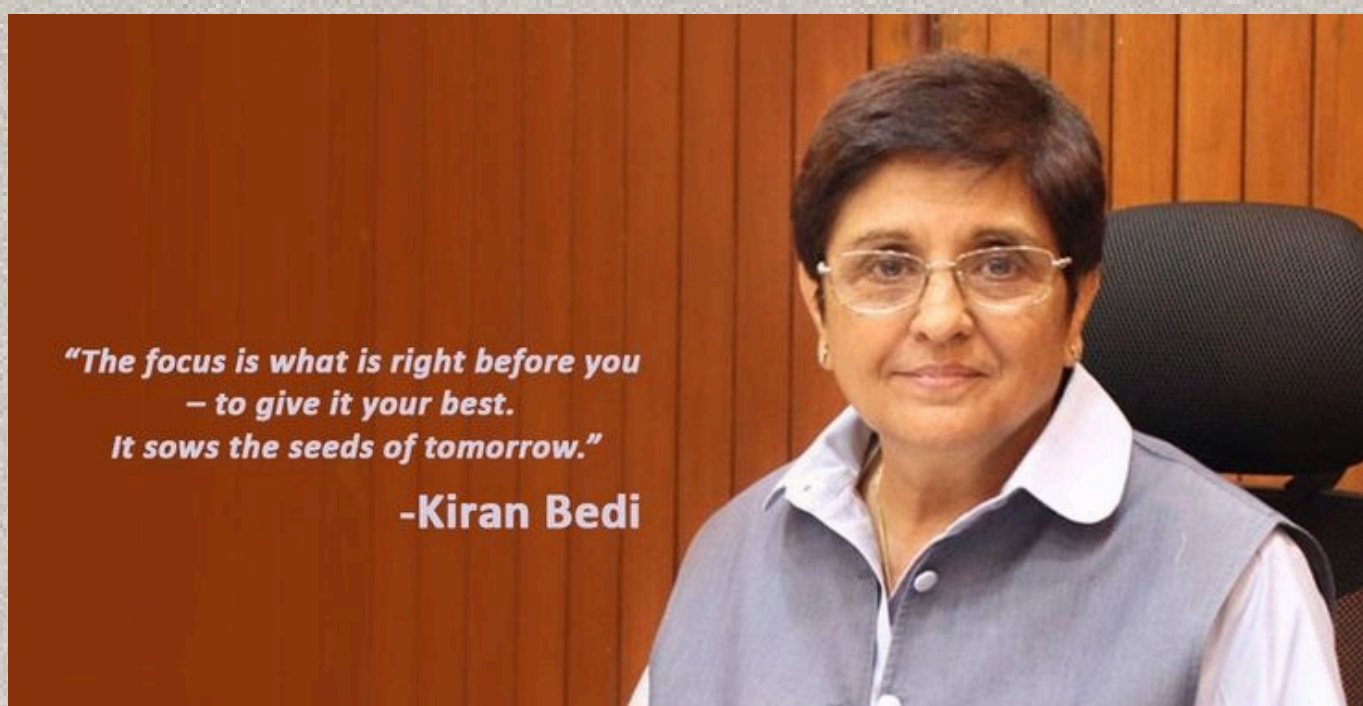
**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Wednesday**

## **Inspirational talk**

**LESSONS IN COURAGE,  
DISCIPLINE AND SELF-BELIEF  
FROM THE LIFE OF KIRAN BEDI**

**MS. SIMMI DHIMAN | COORDINATOR (IX-X)**



**Key Takeaways from Her Life:**  
Believe in yourself and stay confident.  
Hard work and discipline lead to success.  
Do not complain about problems; find solutions.  
Keep learning and improving every day.  
Create opportunities instead of waiting for them.  
Stay courageous, honest, and dedicated in life.

## **VOICES FOR RIVERS ECHO THROUGH ENGAGING NUKKAD NATAK**



As a part of the Subject Enrichment Activity, Students of Class V presented an impactful Nukkad Natak on the theme 'Save Rivers' to spread awareness about the importance of protecting water resources.

Through powerful dialogues, creative enactment, and meaningful messages, the students highlighted how rivers are getting polluted due to dumping of waste, industrial discharge, plastic usage, and careless human activities.

The young performers also showcased simple yet effective ways to keep rivers clean, such as reducing plastic waste, proper disposal of garbage, avoiding water pollution, planting trees, and spreading awareness about water conservation. The presentation beautifully conveyed the message that clean rivers are essential for a healthy environment and future generations.

# THE BCM EDGE

**13th May 26**

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**Wednesday**



## MS. CHARANJIT KALRA CONDUCTS TRAINING SESSION ON INCLUSIVE PRACTICES AND TEACHER RESPONSIBILITY

“An inclusive classroom is not a place where everyone is the same, but where every child is valued for being different.”

Keeping this vision in mind, BCM School organized a training session on “Inclusive Practice and Teacher Responsibility” under the guidance of School Counselor Ms. Charanjit Kalra. The session focused on helping educators create empathetic and inclusive classrooms for all learners, especially children with special needs.

Ms. Kalra emphasized the importance of inclusive education and introduced the **GUARD** strategy:

**G** – Guide step by step

**U** – Use visual aids

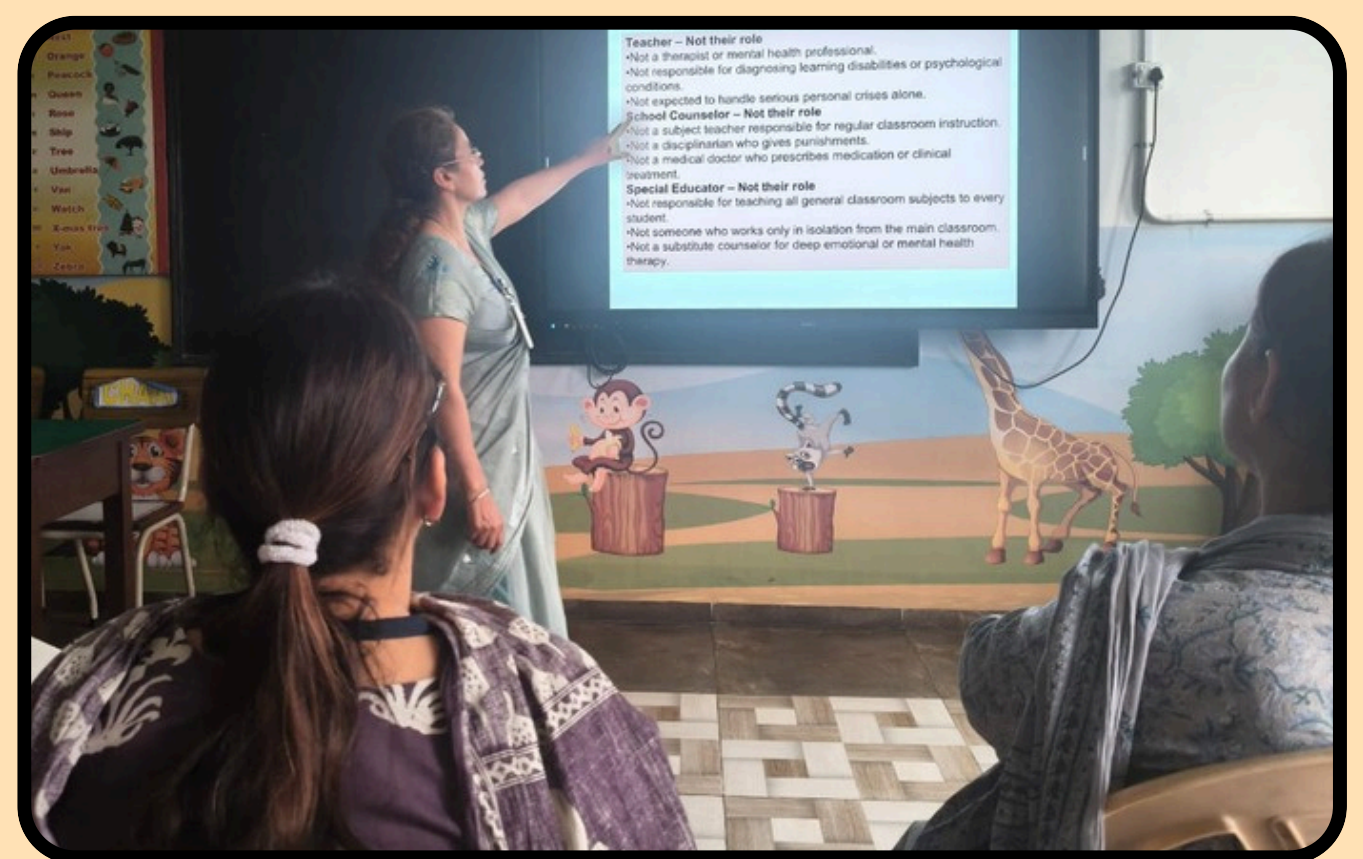
**A** – Adapt to student level

**R** – Reinforce through repetition

**D** – Develop confidence and independence

Teachers were guided on handling children with patience, compassion and positive reinforcement, along with maintaining Anecdotal Records to track behavioural and developmental progress.

The session also highlighted the collaborative roles of educators, special educators and counselors in ensuring holistic student development. Interactive and insightful, the session strengthened teachers’ commitment towards building a positive and inclusive school culture.



# THE BCM EDGE

13th May 26

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Wednesday

## You Can Win

*When shadows fall and hopes seem thin,  
Remember this — you still can win.*

*Each failure teaches, each tear makes strong,  
It builds your courage all along — You can win.*

*Do not fear the winding road,  
Great dreams grow through a heavy load — You can win.*

*Stand up again, let your spirit rise,  
Your strength is greater than the darkest skies — You can win.*

*Believe in yourself, let your heart begin,  
With faith and effort — you can win.*

*Face every storm with steady grace  
Let courage shine upon your face — You can win.*

*Though mountains rise and block your way  
Keep moving forward every day — You can win.*

*Mistakes may come, but do not bend  
Each broken road can still amend — You can win.*

*Hold on to hope, let faith begin  
With strength within and fire therein — You can win.*

*Your dreams are waiting, don't give in  
Believe your heart — You can win.*

*A teacher's words become a guiding light,  
Helping students move from darkness to bright.  
With every lesson, confidence grows within,  
And softly reminds them — You can win.*

*A teacher truly celebrates deep within,  
Because when a student succeeds, the teacher wins.*



**Jaskiran Kaur**  
PGT-ECONOMICS



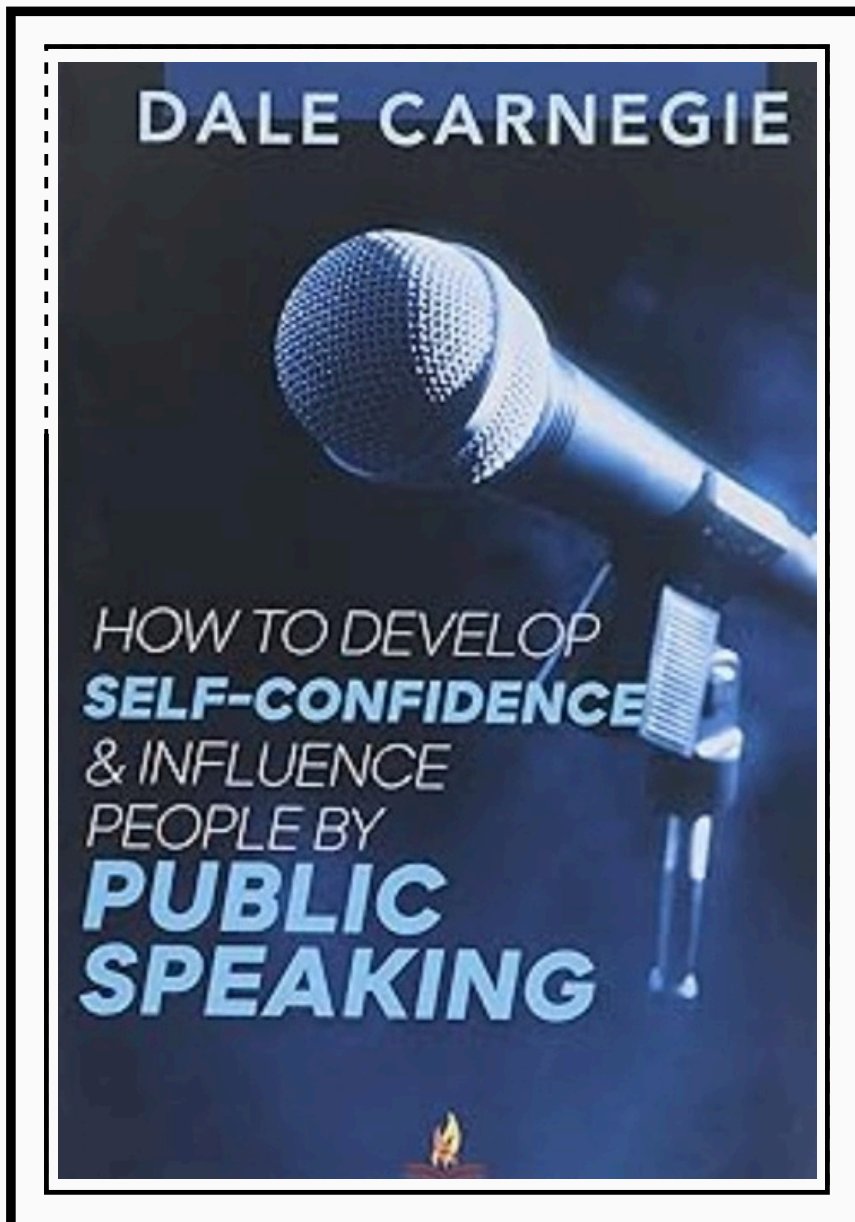
# THE BCM EDGE

13th May' 26

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Wednesday

## BOOK RECOMMENDATION : HOW TO DEVELOP SELF CONFIDENCE AND INFLUENCE PEOPLE BY PUBLIC SPEY



In *How to Develop Self-Confidence and Influence people by Public Speaking*, Dale Carnegie explains that confidence in public speaking comes through preparation, authenticity, and practice. He teaches that nervousness is natural and can be turned into positive energy. Speaking with passion and personal conviction helps connect with the audience and reduces fear. Carnegie also stresses the importance of preparation, especially knowing the opening and closing well. Using real-life stories and examples makes speeches more engaging and memorable. Most importantly, he encourages speakers to be themselves rather than imitate others, because genuine communication is always more powerful and persuasive than perfection.

### THOUGHT OF THE DAY

If you can't be the pencil to write someone's happiness, then try to be the eraser to remove their sadness.

### WORD

#### Agility

(noun)

/ə'dʒɪl.ə.ti/ (uh-JIL-uh-tee)

The ability to move quickly and easily; flexibility.



The athlete showed incredible **agility** during the match.



**BCM SCHOOL**

**BASANT AVENUE, DUGRI ROAD, LUDHIANA**

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BCM FOUNDATION

# THE BCM EDGE

**14th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Thursday**



**BCM SCHOOL**

**BCMF**  
BCM FOUNDATION

**Basant Avenue, Dugri Road, Ludhiana**



*Congratulations*



**CBSE RESULT OF CLASS XII  
AISSCE (2025-2026)**



<b>Number Of Students Appeared</b>	<b>214</b>
<b>No. of Students with First Division</b>	<b>209</b>
<b>No. of Students With 90% and Above</b>	<b>40</b>



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# THE BCM EDGE

**14th May 26**

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**Thursday**



## BCM SCHOOL



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# Congratulations



### CBSE RESULT OF CLASS XII AISSCE (2025-2026)



**HARMEET KAUR**  
**COMMERCE-97.2%**



**IKJOT SINGH**  
**COMMERCE-97%**

**OVERALL SCHOOL  
TOPPER**

**CHERISH VASHISHT**  
**NON-MEDICAL-97.4%**

**Your Hard work**  
**Our Pride!**

### Stream Wise Toppers



**NIHARIKA SHARMA**  
**HUMANITIES- 96.4%**



**HARPREET KAUR**  
**MEDICAL-95.4%**



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**14th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Thursday**



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**Basant Avenue, Dugri Road, Ludhiana**



# Congratulations



**CBSE RESULT OF CLASS XII  
AISSCE (2025-2026)**

## STREAM-WISE TOPPERS

### NON-MEDICAL



**1st**



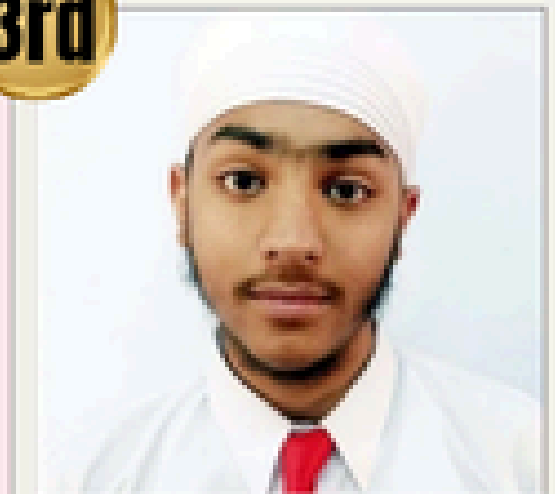
**CHERISH VASHISHT**  
97.4%

**2nd**



**KHUSHI JUNEJA**  
93.4%

**3rd**



**UDHAM SINGH**  
92.4%

### MEDICAL



**1st**



**HARPREET KAUR**  
95.4%

**2nd**



**CHARVI VASHISHT**  
92.2%

**3rd**



**RAVNEET KAUR**  
92%



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## BCM SCHOOL

**Basant Avenue, Dugri Road, Ludhiana**



# Congratulations



**CBSE RESULT OF CLASS XII  
AISSCE (2025-2026)**

### STREAM-WISE TOPPERS

#### COMMERCE

**1st**



**HARMEET KAUR**  
97.2%

**2nd**



**IKJOT SINGH**  
97%

**3rd**



**PARI CHAURSIYA**  
96.6%



#### HUMANITIES

**1st**



**NIHARIKA SHARMA**  
96.4%

**2nd**



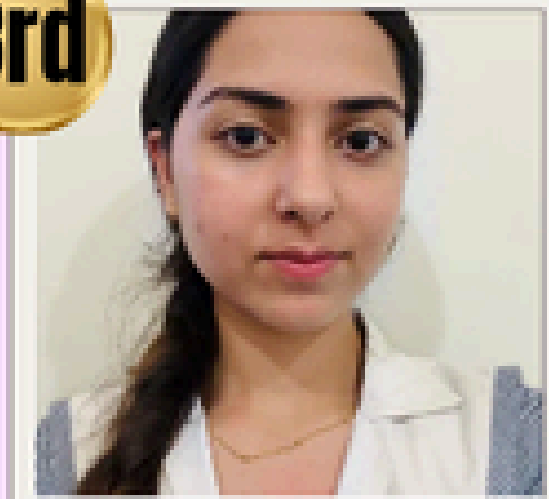
**KAWALPREET KAUR**  
93.4%

**3rd**



**MANYA GARG**  
93.2%

**3rd**



**MANSHA GUMBER**  
93.2%



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**BASANT AVENUE, DUGRI ROAD, LUDHIANA**



# THE BCM EDGE

**14th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Thursday**

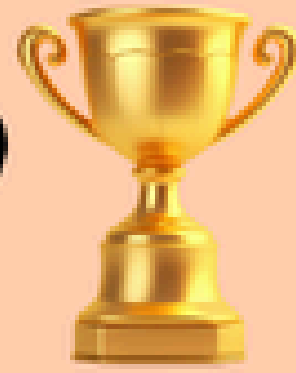


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# Congratulations

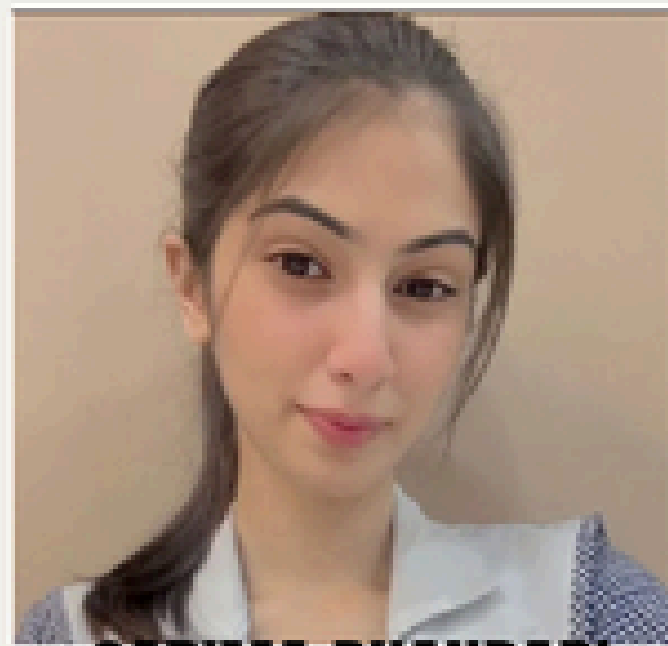


**CBSE RESULT OF CLASS XII  
AISSCE (2025-2026)**

## PERFECT 100



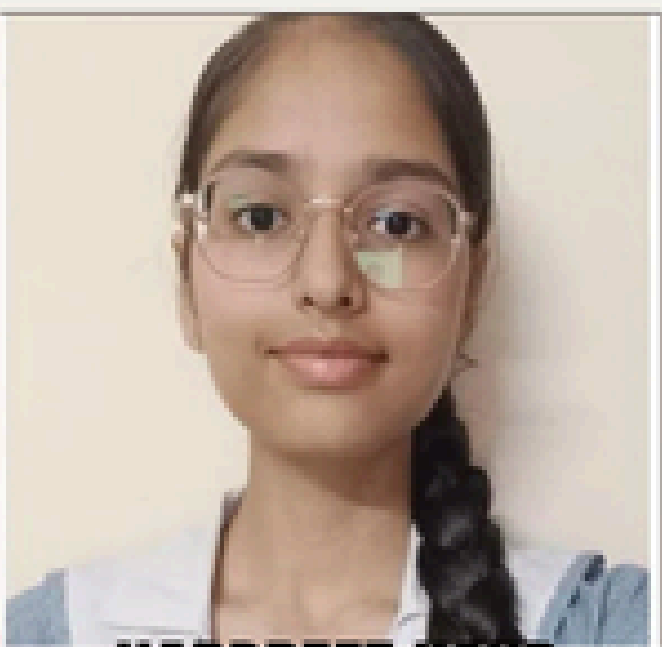
**RAVNEET KAUR  
ACCOUNTANCY**



**GARIMA BHANDARI  
ACCOUNTANCY**



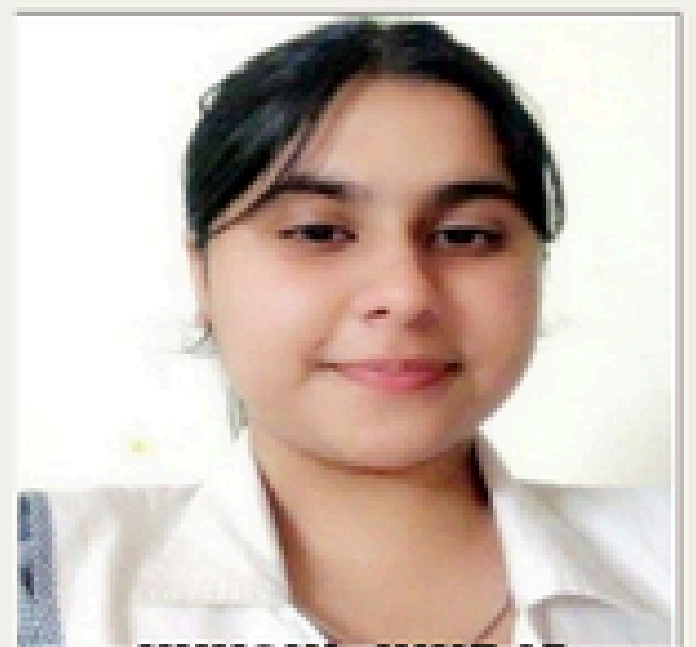
**DIYA  
ENGLISH**



**HARPREET KAUR  
PAINTING**



**GURSIMRAN KAUR  
TYPOGRAPHY**



**KHUSHI JUNEJA  
TYPOGRAPHY**

# THE BCM EDGE

14th May' 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

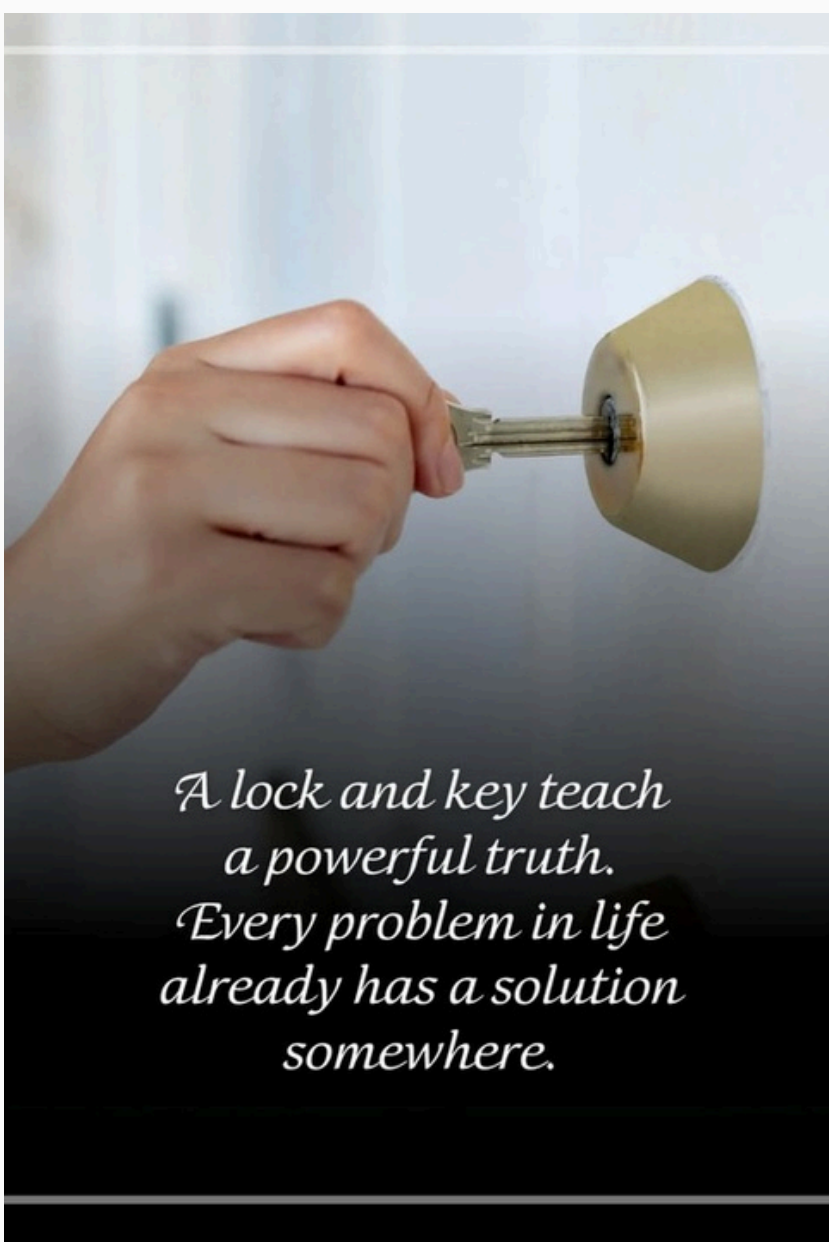
Thursday

## BOOK RECOMMENDATION : HELLO, HABITS



Fumio Sasaki's Hello, Habits is a gentle guide for anyone overwhelmed by clutter, failed goals, and the pressure to constantly improve. Instead of promoting extreme discipline, Sasaki encourages tiny, manageable actions—cleaning for one minute, writing one note, doing one squat. His honest, humble approach feels comforting rather than demanding. The book emphasizes self-compassion, consistency, and starting small instead of chasing perfection. One of its most powerful lessons is that missing a day is not failure; you simply begin again tomorrow. Ultimately, Hello, Habits is less about productivity and more about quietly proving to yourself that lasting change begins with small daily acts.

### THOUGHT OF THE DAY



*A lock and key teach  
a powerful truth.  
Every problem in life  
already has a solution  
somewhere.*

### WORD



#### Facepalm

Covering your face in embarrassment

For Example 📌

She did a **Facepalm** when She realized her mistake.



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# THE BCM EDGE

**15th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Friday**

## ***Celebrating the Pride of BCM***



***Heartiest Congratulations to our Class XII achievers and their mentors for this remarkable accomplishment.***



**BCM SCHOOL**

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# THE BCM EDGE

**15th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Friday**



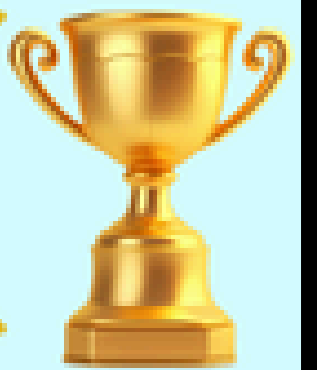
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**Basant Avenue, Dugri Road, Ludhiana**



**CBSE RESULT OF CLASS XII  
AISSCE (2025-2026)**



### 90% AND ABOVE

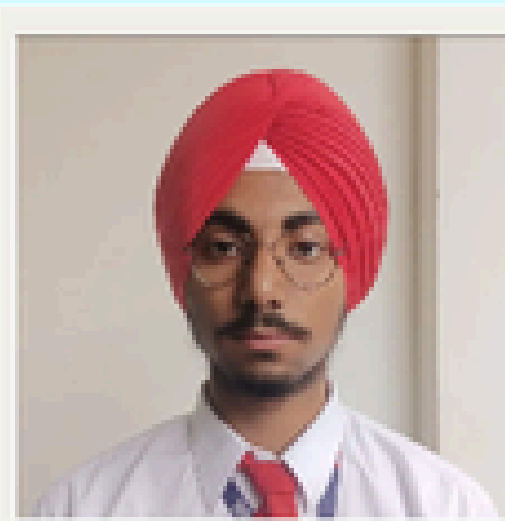
**4TH IN CITY**



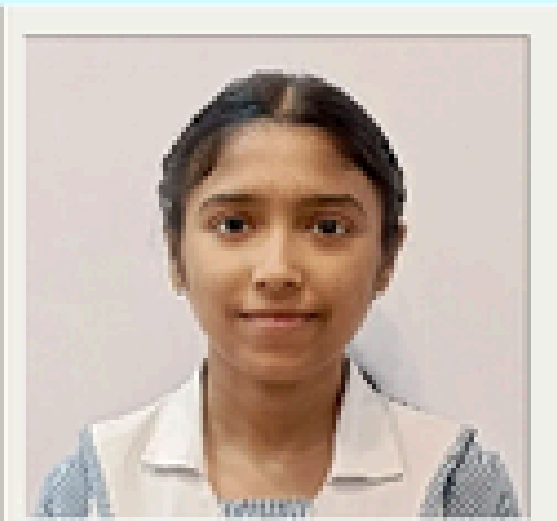
**CHERISH VASHISHT**  
97.4%



**HARMEET KAUR**  
97.2%



**IKJOT SINGH**  
97%



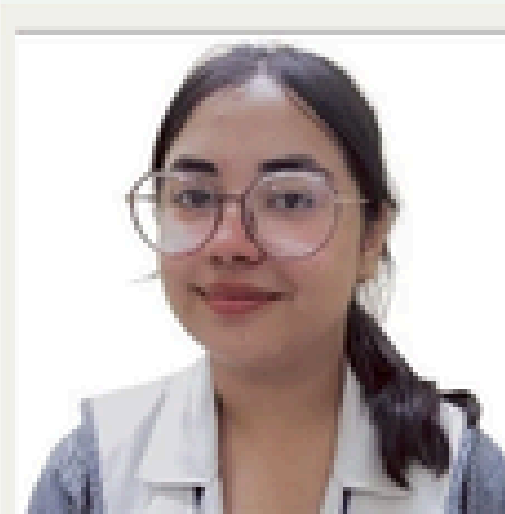
**PARI CHAURSIYA**  
96.6%



**DIVYANSH SRIVASTAVA**  
96.4%



**NIHARIKA SHARMA**  
96.4%



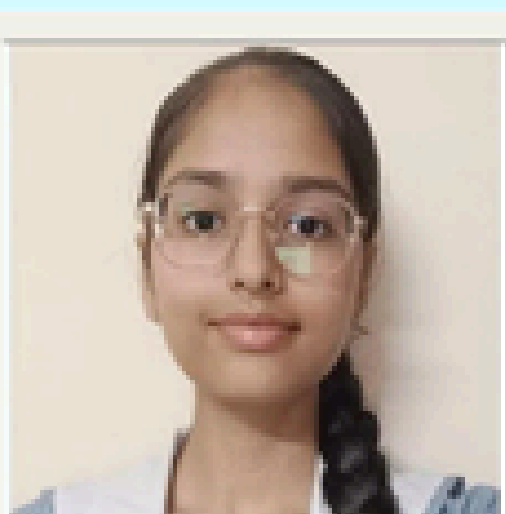
**TULIKA ARORA**  
96.2%



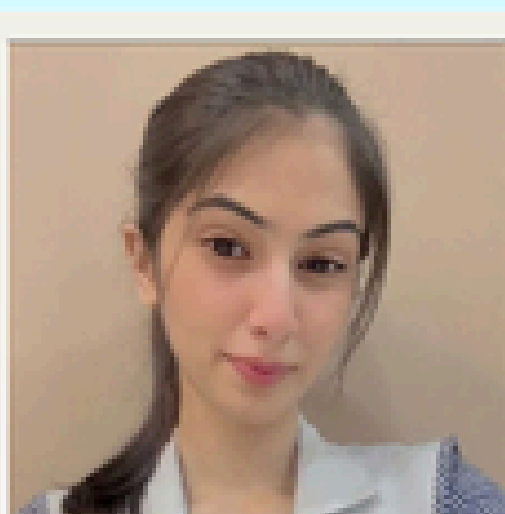
**VANSHIKA GARG**  
96%



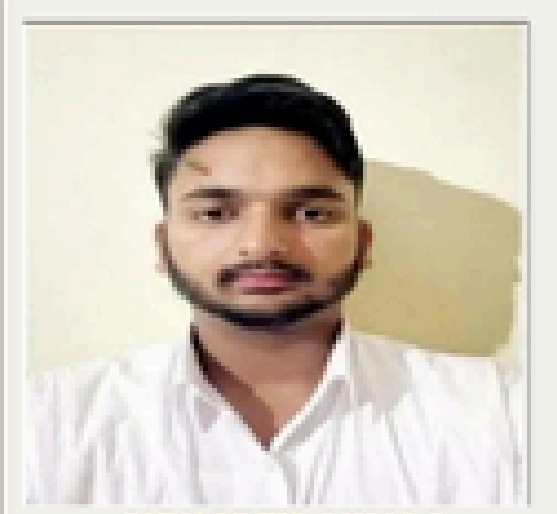
**RAVNEET KAUR**  
95.8%



**HARPREET KAUR**  
95.4%



**GARIMA BHANDARI**  
95.4%



**SIDHARTH SINGLA**  
95%



**BCM SCHOOL**

**BASANT AVENUE, DUGRI ROAD, LUDHIANA**



# THE BCM EDGE

**15th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Friday**



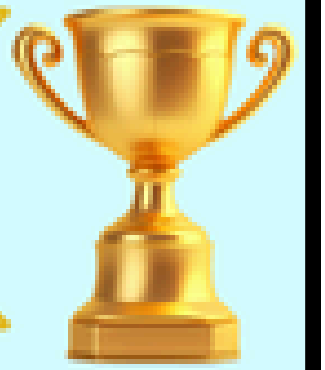
## BCM SCHOOL



**Basant Avenue, Dugri Road, Ludhiana**



**CBSE RESULT OF CLASS XII  
AISSCE (2025-2026)**



### 90% AND ABOVE



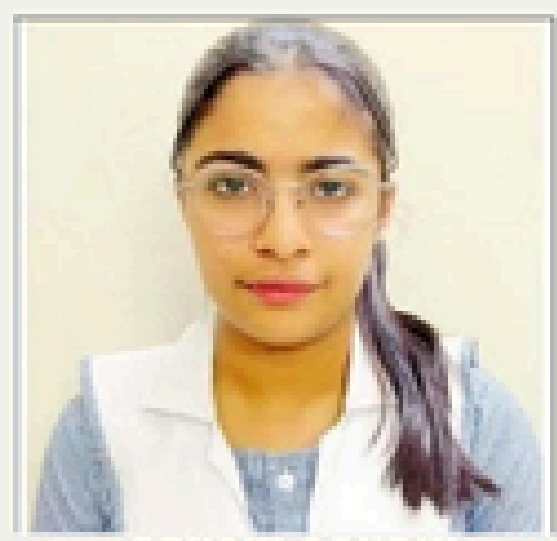
**ABHAYDEEP SINGH**  
94.8%



**ADITYA SINGH RANA**  
94.6%



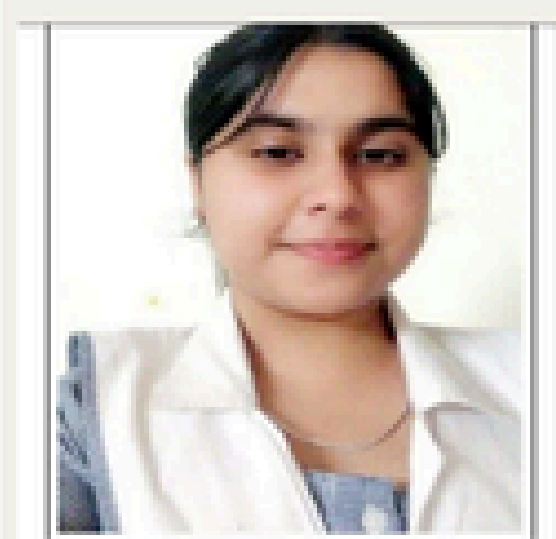
**PARUL SINGLA**  
94.2



**ARUSHI GANDHI**  
94.2%



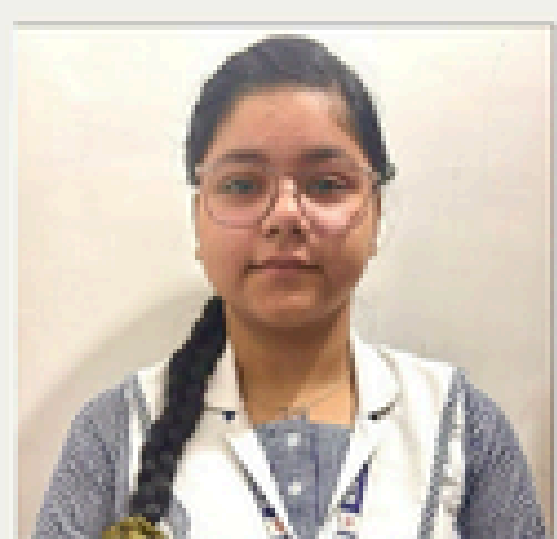
**RASMEET SINGH**  
93.6



**KHUSHI JUNEJA**  
93.4%



**VIVEK**  
93.4%



**KAWALPREET KAUR**  
93.4%



**NAVLEEN KAUR**  
93.2%



**RIDHAM SETHI**  
93.2%



**MANYA GARG**  
93.2%



**MANSHA GUMBER**  
93.2%



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# THE BCM EDGE

**15th May 26**

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**Friday**



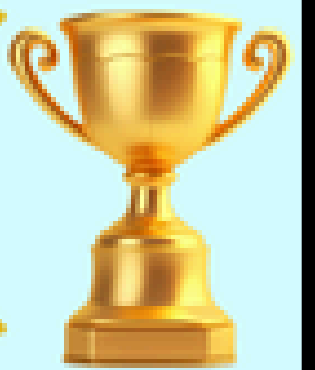
## BCM SCHOOL

**BCMF**  
BCM FOUNDATION

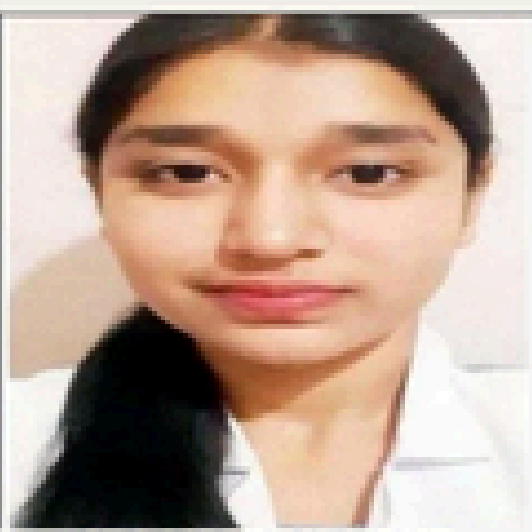
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AISSCE (2025-2026)**



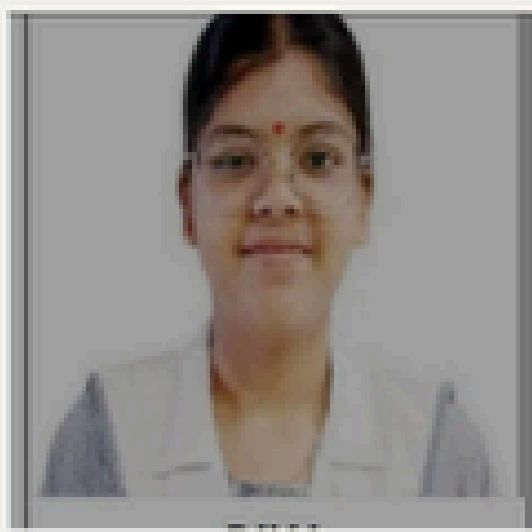
### 90% AND ABOVE



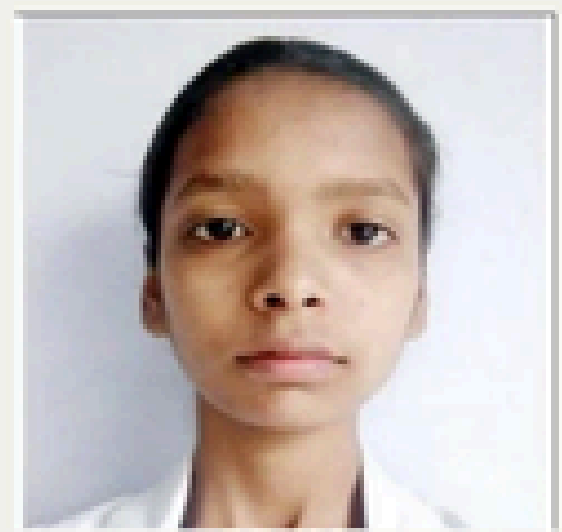
**JASSIMRAN KAUR**  
93%



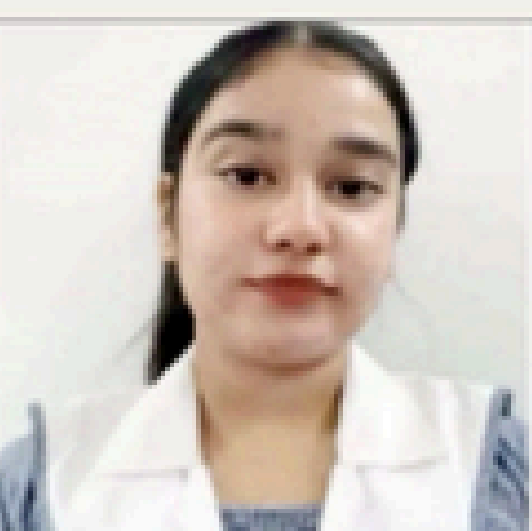
**GURANSH PANPHER**  
93%



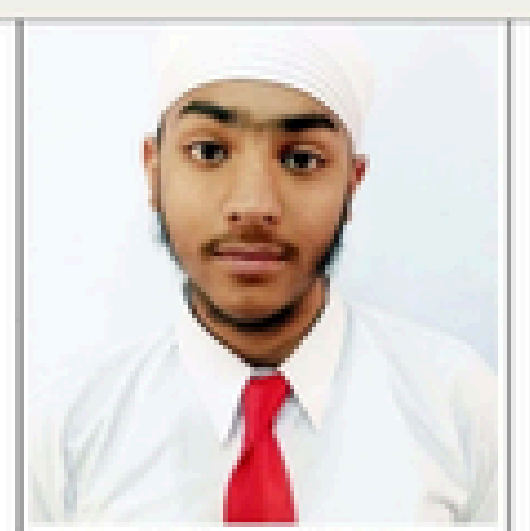
**DIYA**  
92.8%



**PRINCI**  
92.6%



**NAINA GANDHI**  
92.6%



**UDHAM SINGH**  
92.4%



**MANREET KAUR KALSI**  
92.4%



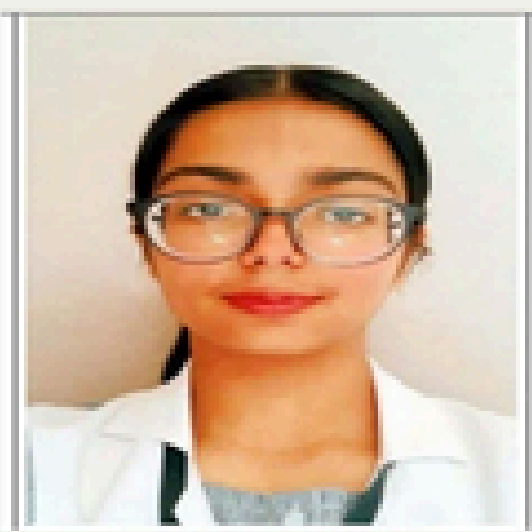
**CHARVI VASHISHT**  
92.2%



**RAVNEET KAUR**  
92%



**KESHAV AGGARWAL**  
91.8%



**KASHISH JUNEJA**  
91.2%



**RITUL RAJ VERMA**  
91.2%



**BCM SCHOOL**

**BASANT AVENUE, DUGRI ROAD, LUDHIANA**



# THE BCM EDGE

**15th May 26**

**LEAD360 - EXPLORE, EXPRESS, EXCEL**

**Friday**



## BCM SCHOOL



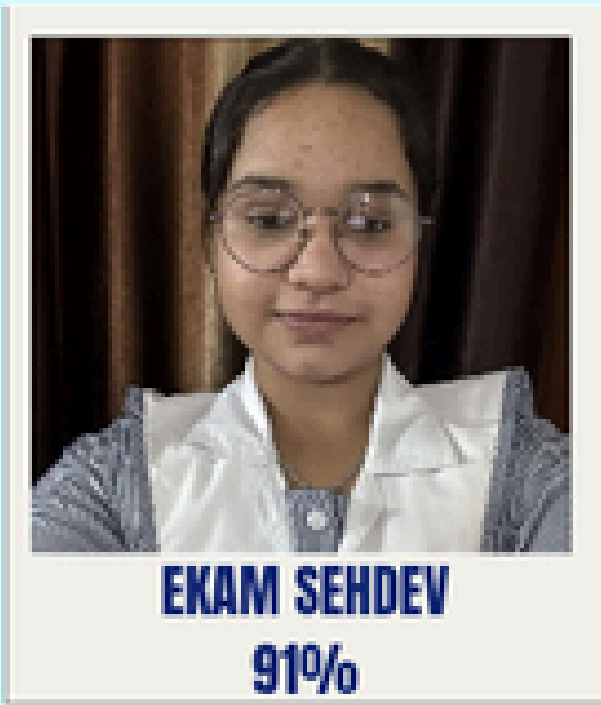
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**CBSE RESULT OF CLASS XII  
AISSCE (2025-2026)**



### 90% AND ABOVE



# Congratulations

# THE BCM EDGE

15th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## BAGLESS DAY FUN WITH ANIMAL KINGDOM FOR CLASS II

The school organized an exciting Bagless Day for students of Class II, transforming learning into a joyful and engaging experience. The day was specially planned with the theme 'Animal Kingdom', where students participated enthusiastically in a variety of activity-based learning experiences.

The day began with Jungle Jam Circle Time and Animal Rhyme Time, creating a cheerful atmosphere filled with fun and excitement. Students further explored the world of animals through activities like Habitat Adventure: Find My Home, Little Wildlife Sculptors, and Animal Mask Studio, which encouraged creativity, imagination, and experiential learning.

The Bagless Day aimed to provide stress-free learning beyond textbooks and classrooms while enhancing observation skills, teamwork, and active participation. Students thoroughly enjoyed the unique learning experiences and actively took part in each activity with great enthusiasm.

Principal Dr. Vandna Shahi appreciated the initiative and shared that such innovative activities help children learn through exploration and joyful experiences, making education more meaningful and memorable.



# THE BCM EDGE

15th May 26

LEAD360 - EXPLORE, EXPRESS, EXCEL

Friday

## DRIVING TOWARDS SAFETY: TRAFFIC AWARENESS SESSION CONDUCTED



The School organised a meaningful Road Safety Awareness Session for the students of Classes VIII and IX to spread awareness about traffic rules and responsible road behaviour among young learners.

The programme was graced by the presence of distinguished guests and resource persons Mr. Gurbinder Singh (PPS), ACP Traffic-II, Commissionerate, Ludhiana, Mr. Harpreet Singh, Zone Incharge and Mr. Jasveer Singh, Incharge, Traffic Education Cell.

The session began with an informative lecture by Mr. Jasveer Singh, who educated students about traffic rules, road signs, pedestrian safety, and the importance of helmets and seat belts. Addressing the students, Mr. Gurbinder Singh highlighted traffic discipline, road safety, e-challans, surveillance cameras, and the consequences of underage driving under the Motor Vehicles (Amendment) Act, 2019.

The programme also included discussions on traffic conditions and road safety signs, making the session informative and inspiring. Dean Administration, Ms. Gurpreet Kaur Chandok thanked the guests and urged students to obey traffic rules and become responsible citizens.

School Principal, Dr. Vandna Shahi appreciated the initiative and remarked that such awareness programmes play a vital role in developing responsible, disciplined, and safety-conscious citizens. She encouraged students to follow traffic rules sincerely and contribute towards creating a safer society.



# THE BCM EDGE

**15th May 26****LEAD360 - EXPLORE, EXPRESS, EXCEL****Friday**

**MS. RACHNA SHARMA**  
**TGT SOCIAL SCIENCE**

## *From Degrees to Dynamic Competence in a Rapidly Changing World*

**SKILL  
DEVELOPMENT:  
UNLOCKING  
FUTURE  
OPPORTUNITIES**

In an era characterized by unprecedented technological advancement and global interconnectedness, skill development has emerged as the decisive factor of success. Academic qualifications, once regarded as sufficient, now merely provide a foundation, while adaptability, creativity, and practical problem-solving have become indispensable qualities in the modern world.

The professional landscape is undergoing rapid transformation. Traditional careers are evolving, while emerging fields such as Artificial Intelligence, data science, cyber security, and robotics are redefining employability. In this dynamic environment, success depends not on rote memorization, but on the ability to think critically, innovate responsibly, and address complex real-world challenges with efficiency and vision.

History and contemporary society consistently highlight the significance of skills and innovation. Srinivasa Ramanujan attained extraordinary recognition through originality despite limited formal education. Likewise, innovators on GitHub and Kaggle demonstrate exceptional creativity and technical expertise. Leaders such as Sundar Pichai further exemplify the importance of continuous learning, adaptability, and visionary thinking in a rapidly evolving world.

Skill development extends beyond technical proficiency. It encompasses communication, emotional intelligence, collaboration, ethical decision-making, and intellectual discipline. In an age increasingly shaped by automation and artificial intelligence, lifelong learning is no longer optional but essential for sustainable progress and meaningful contribution to society.

Ultimately, the world remembers not degrees alone, but originality, innovation, and transformative impact. The future belongs to those who continue learning, unlearning, and evolving.

# THE BCM EDGE

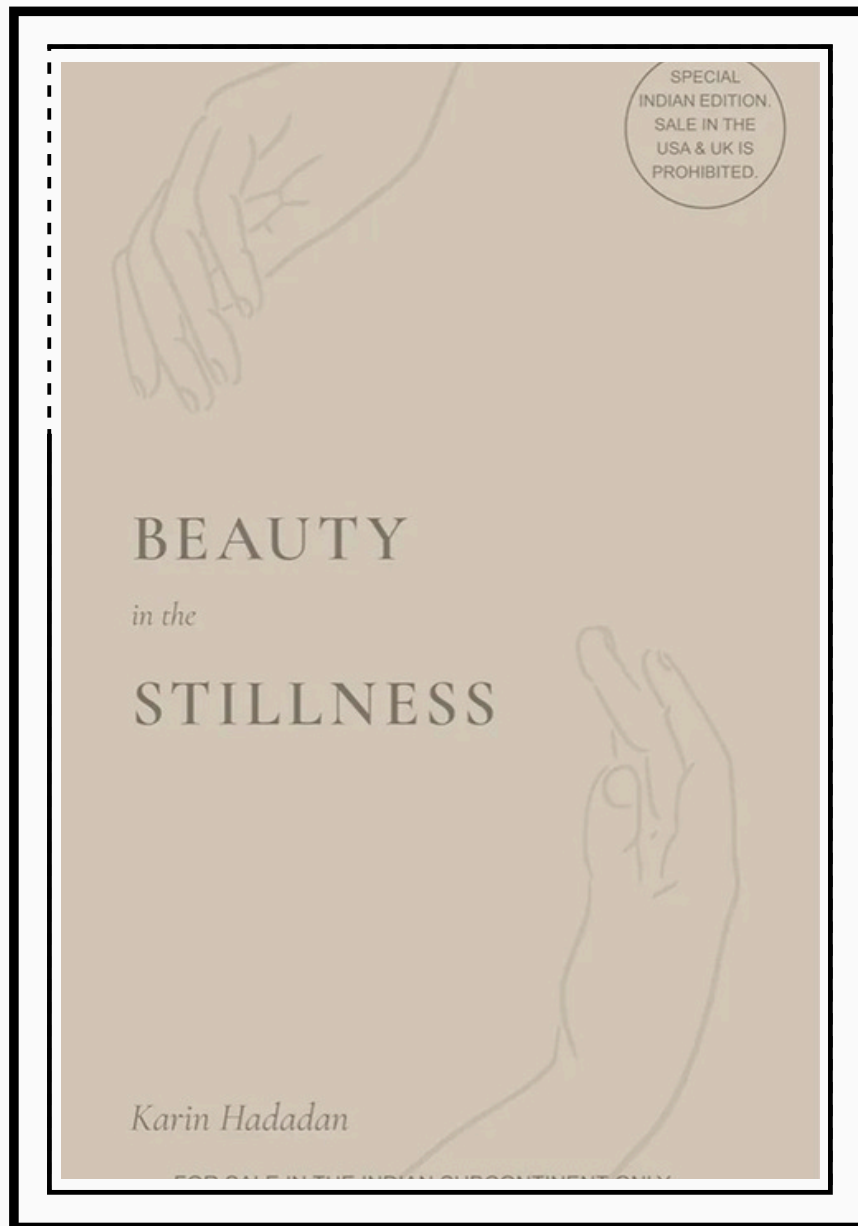
15th May' 26

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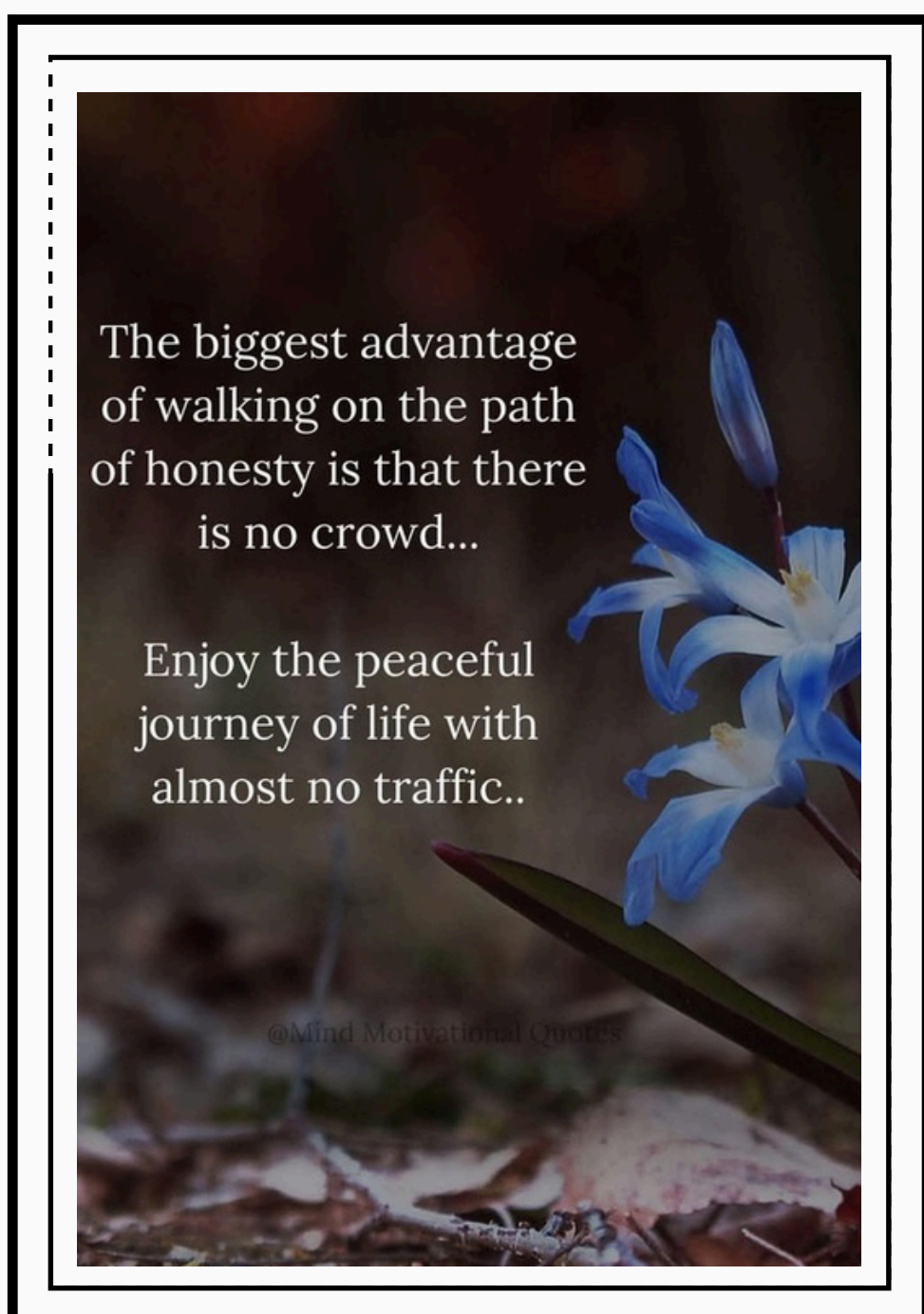
BOOK RECOMMENDATION :

## BEAUTY IN THE STILLNESS

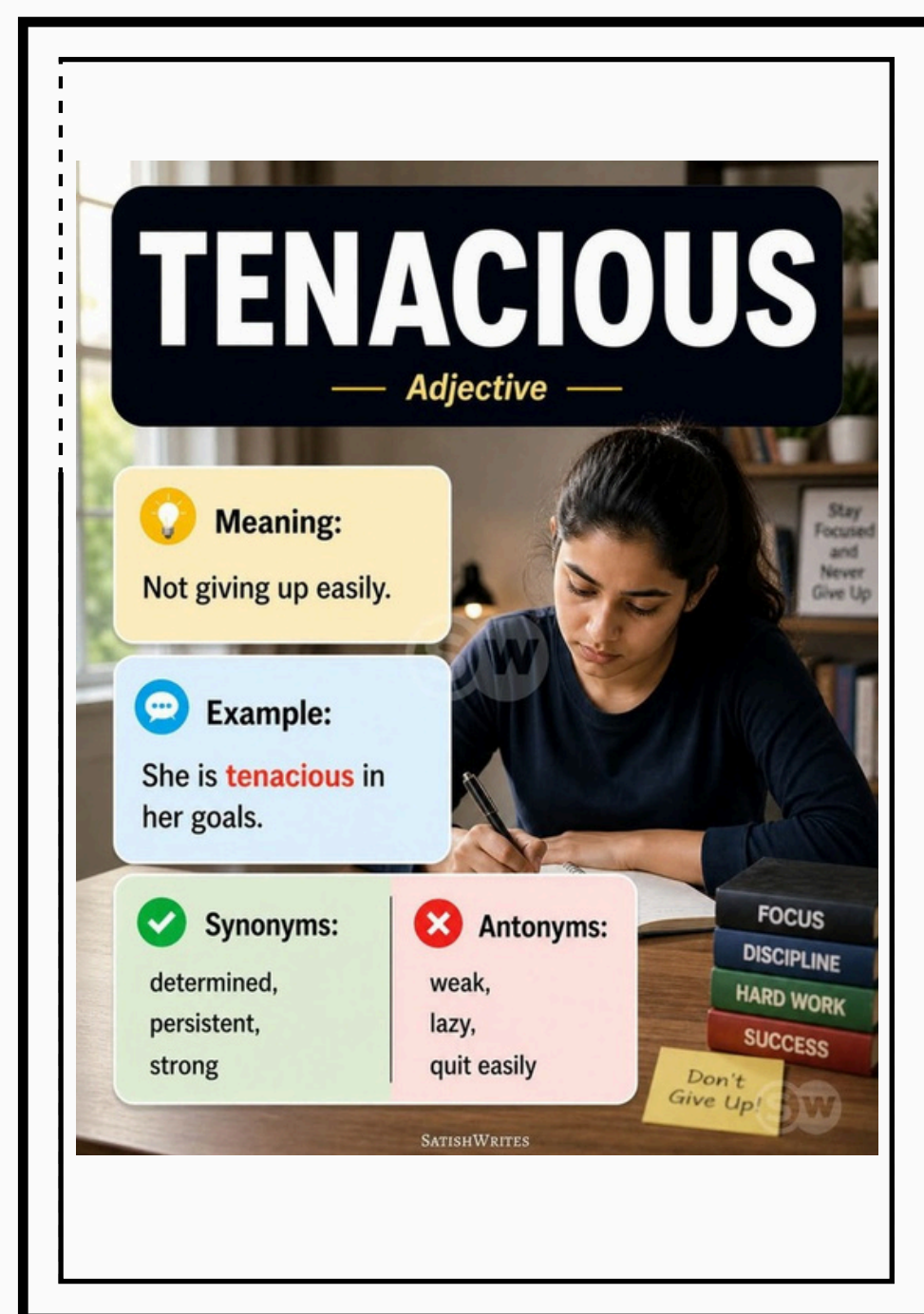


Beauty in the Stillness by Kerin Hadadan is a gentle reminder that peace and clarity are found not in constant hustle, but in moments of stillness. The book teaches readers to embrace silence, appreciate ordinary moments, and release the pressure of endless urgency. Through reflections on nature, healing, and mindfulness, Hadadan encourages a softer, more compassionate way of living. She explains that true self-love begins with paying attention to our inner needs and learning to observe thoughts without being controlled by them. Ultimately, the book inspires readers to slow down, reconnect with themselves, and discover beauty in simply being present.

### THOUGHT OF THE DAY



### WORD



**TENACIOUS**  
— Adjective —

**Meaning:**  
Not giving up easily.

**Example:**  
She is **tenacious** in her goals.

**Synonyms:**  
determined, persistent, strong

**Antonyms:**  
weak, lazy, quit easily